Shelby Senior Services, Inc.

2120 Intelliplex Dr. Ste. 101
Shelbyville, IN 46176
317-398-0127
ShelbyGo Transportation
317-398-7614
www.shelbyseniorservices.org
Facebook @shelbyseniorservices

Horizon Newsletter

November 2026

MUSIC BY
TOM BROWN
12:30-1:30

SHELBY SENIOR SERVICES
INVITES ALL SENIORS TO OUR ANNUAL

CHRISTMAS DINNER

TUESDAY, DECEMBER 8TH
DOORS OPEN 11AM
MEAL: 11:30-12:30, MUSIC 12:30-1:30
LOCATED AT SHELBY SENIOR SERVICES
2120 INTELLIPLEX DR. SUITE 101

COST IS $7 PER SENIOR
YOU MUST PAY AT TIME OF SIGN-UP
SIGN-UP FOR MEMBERS
BEGINS NOV. 2,
NON-MEMBERS NOV. 9

CHICKEN
& NOODLES
GREEN BEANS
MASHED POTATOES
COLE SLAW
ROLLS
DESSERT

Mission & Purpose

The Mission of Shelby Senior Services, Inc. is to respect and respond to the ever-changing needs of older adults and their families, to enhance their quality of life, to assist in maintaining their independence and to be an integrated and valued partner in Shelby County.

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Advertising appearing in the Horizon has been purchased and does not represent an endorsement of products or services by Shelby Senior Services Inc.

STAFF

Management Team

Liz Renton, Executive Director

Easter Hall Beyer, Director of Transportation

Horizon Center Coordinators

Crystalá Evans, Shelbyville

Kathy Miller, Fairland

Vivian Scott, Morristown

Program Staff

Jessie Hundley, Social Services Coordinator

Holly Schrank, Dispatcher

Shelbi Smith, Health & Wellness Coordinator

Gina Batton, Administrative Coordinator

Jim Kozinski, Programming Assistant

Carol McDaniel, Travel Coordinator

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Andrea Majeed	Jerry Berry
Wanda Wooten	Roger Burt

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"Serving seniors, improving lives."

LETTER FROM THE DIRECTOR



Liz Renton
Executive Director

Happy Holidays! From Halloween to Thanksgiving to Christmas, we're celebrating all season long. At the start of November we will be opening up sign-ups for our annual Christmas Dinner on December 8th. November 2nd through November 6, only members will be able to sign-up for the dinner. Starting on November 9, sign-ups will be available for anyone 60 and older. This dinner is limited to 80 people. We typically fill up for the dinner pretty quickly so please stop by the front desk or call 317-398-0127 to sign up. The cost per person is $7 due at the time of reservation. Our doors will open at 11am but there are plenty of seats for everyone so please plan to arrive at 11am or later. The meal will be served at 11:30am with music by Tom Brown following.

Shelby Senior Services and ShelbyGo will be closed November 26th and 27th for the Thanksgiving Holiday and December 23—January 1 for our winter break.

MEMBERSHIP

Shelby Senior Services Membership

By becoming a member, you are helping to support activities, services, and programs that help our community thrive.

Memberships are required to attend activities at any Horizon Center. Services and CICOA lunches do not require a membership.

Annual Fees

$50 per year: Access to Shelbyville, Fairland, Morristown, and Waldron Horizon Centers
*$50 annual fee required for Shelbyville

$25 per year: Access to one designated Horizon Satellite Center: Fairland, Morristown, or Waldron

Membership Discounts

Show your Horizon Center Membership Card at these businesses and receive the following discounts:

Applebee's: 10% discount
Bookmark Cafe & Three Sisters Books & Gifts: 10% discount
Elegant L: 10% discount on Merle Norman Cosmetics
Kopper Kettle Inn Restaurant: 20% discount on a chicken dinner served family style; not honored on a holiday or live entertainment events
Mathies Landscaping: 10% off retail merchandise
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SOCIAL SERVICES



Jessie Hundley
Social Services Coordinator

As we welcome the month of November, we are reminded of the importance of gratitude, kindness, and community. November is a wonderful time to reflect on the blessings in our lives, cherish the people around us, and find joy in the simple moments each day brings. Here at our senior center, we are fortunate to have a community filled with caring individuals, shared memories, and opportunities to support one another. A friendly smile, a kind word, or a helping hand can make a big difference in someone's day.

My role is to help connect you with resources, information, and support to promote your well-being and independence. If you have questions or concerns regarding community resources, benefits, transportation, healthcare assistance, or other social service needs, please feel free to reach out. If I cannot answer a question directly, I will do my best to help you find the appropriate resource. Please never hesitate to ask for assistance. Sometimes, taking the first step and talking with someone can make a challenging situation feel a little easier.

As we prepare for the holiday season, let us continue to make our senior center a welcoming place where everyone feels valued, respected, and included. Take time to participate in activities, enjoy conversations with others, and reach out to someone who may appreciate a little extra kindness. From my heart to yours, I wish you and your loved ones a safe, healthy, and happy Thanksgiving. May this November bring you comfort, friendship, laughter, and many reasons to be thankful.

Pantry Needs:
Oatmeal Packets
Peanut Butter
Beans
Toilet Paper



Homebound Senior Pantry Deliveries:
11/5 & 11/19
Commodity Box Pick Up: 11/23 @ 1-3p
Support Group: 11/17@ 1:30p



*Jessie Hundley November 1st
Tim Conway November 7th
Sandy Whitten November 15th
Tim Jones November 21st
Vickie Marshall November 21st
Peggy Franklin November 24th
Lee McDaniel November 25th
Lois Thomas November 28th

SHELBYGO TRANSPORTATION



Easter Hall-Beyer
Director of Transportation

Shelby Go will be closed for Thanksgiving November 26th and 27th. Please remember to watch your local news stations for weather closing. If Shelby Central Schools are closed Shelby Go will also be closed.

ShelbyGo transportation is public transportation that provides curb-to-curb service within Shelby County.

Fares

Seniors 60+: Donation based

Under 60: $4 per boarding within city limits,
$7 per boarding within county

Service Hours

Weekdays: 8:00am—4:00pm

Please call (317) 398-0127 or (317) 398-7614 to schedule a ride.

MEMBER SPOTLIGHT



Peggy Franklin

If you have walked through the doors of our Senior Center, chances are you have been greeted by a bright smile, an energetic spirit, and an absolutely stunning hat. This month, we are thrilled to put the spotlight on one of our most vibrant family members, Peggy Franklin, as she prepares to celebrate her 75th Birthday on November 21st. Peggy is a woman who truly knows how to stand out in a crowd. Standing on the shorter side, she decided years ago that she wanted a fun way to catch people's eyes—and thus, her legendary hat collection was born. Today, Peggy owns at least 110 beautiful hats and is rarely, if ever, seen without one. Beyond her impeccable style, Peggy is the beating heart of our community. Whether she is stepping up to call Bingo or Pokeno, she is always the first to volunteer. On Wednesdays, you can find her laughing and playing Hand and Foot at the Chicken Inn with her fellow members of the Chicken Cluckers Card Club. Peggy's journey began in Cedar Grove, Tennessee, where she was born to Mary and Leslie Beal, the fourth of eight children. At age four, she moved to Indiana, eventually graduating from high school in 1969. At 16, while working at the Bigger Burger Drive-In, Peggy met her husband. They married right after high school on May 24, 1969, sharing 48 and a half beautiful years together. Because her family lived in Louisiana and his lived in Indiana, they spent years happily moving back and forth to ensure both families were wrapped in love. Today, that legacy includes two children, 4 grandchildren, and 4 great-grandchildren (two boys and two girls). While in Louisiana, she worked for an HCA-affiliated hospital, where her dedication earned her the title of Regional Employee of the Month, covering a four-state area. She also worked at another hospital where she created a hands-on puppet show for young patients. Her love for bringing smiles didn't stop there—she frequently dressed up as the Easter Bunny and a clown for community health fairs at the mall, and dedicated her spare time to raising funds for the March of Dimes. When she isn't at the center or taking her beloved grandkids camping, Peggy is a prolific artist. She loves to read, dance, paint, and create shimmering diamond art. In fact, her favorite framed diamond artwork features Santa Claus—a fitting choice for a woman obsessed with the holidays! At one time, Peggy was local royalty for her holiday spirit, decorating 23 themed Christmas trees in her home, which even landed her a feature in the newspaper for her spectacular Santa Claus tree. Her absolute favorite, however, remains her keepsake tree, entirely adorned with her children's childhood artwork and memories. The adventures are far from over for Peggy. She is currently happily engaged to Jerry Powers. The couple is living in Danville, Kentucky while hunting for their future dream home together, with plans to tie the knot this coming June! You are all cordially invited to Peggy's 75th Birthday party on November 21st from 2pm to 5pm at the American Legion on 1125 Miller Avenue.

TRAVEL



Carol McDaniel
Travel Coordinator

Shelby Senior Services recently journeyed back in time when we visited Berlin, Ohio, which is in the Amish country. We agreed that our modern world could use a taste of simpler times once in a while.

We observed life in simpler times when we visited the Yoder Amish Home. It is actually an 1885 farmstead that is preserved for tours. The visitor sees two houses, one that has been preserved as an authentic 1885 farmhouse.

In 1885, of course, heating was a fireplace or wood stove, water was hand-pumped for the kitchen, the iron cookstove was fired with wood, kitchens had basic appliances like a cookstove, dry sink, a wet sink, a cabinet with basic dishes and not much more. Furniture in the rest of the 2 or 3 rooms consisted of a wooden table and chairs and beds with straw or feather mattresses. Families often had 6 or more children, who were expected to do chores and help with the farm when they were old enough.

The second house was a little more modern, but still lacked central heating and air conditioning. They did have more modern kitchens, powered by propane, mainly, no electricity. Horses on the farm lived to ripe old ages because they were important for farming and transportation. The oldest one pulling us on our buggy rides was 30 years old. They were retired to the pasture on the farm when they could no longer do field work. On the Yoder farm, roaming freely, were peacocks, varieties of ducks, a huge white Tom turkey, kittens and cats everywhere and goats.

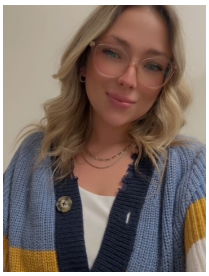
Children go to school mainly in one-room schools, which we saw on the farm. Boys and girls only go to the 8th grade. After that they have a couple of years of "freedom" to decide if they want to be baptized into the Amish faith. Once baptized, they are expected to marry an Amish person. For one year, the couple visits family members and learn more about the faith. After that one year, they live in their own home. If they decide not to join the faith, they are free to leave. They are allowed to visit their family. However, if they do get baptized and then decide to leave, they are shunned and are not allowed to see their family members. While it seems a very serene lifestyle, the Amish have levels of strictness decided by the Bishop of that area, such as Old Amish, New Amish, etc.

Also on our itinerary were two stage productions. The first was a really fun comedy show called Macho Mule. The stars of the show were country bumpkin Lynyrd along with a Dolly Parsons impersonator. I was very impressed with her singing. With eyes closed, she sounded just like Dolly to me. Her beautiful costumes closely mimicked Dolly's. The second was a live stage production, *Elijah—Prophet of Fire, at the Ohio Star Theater. This moving performance was based on the prophet Elijah and his journey as a man of God.*

Food is always a treat in the Amish country. The Dutch Valley Restaurant, a buffet, was my favorite. Good old-fashioned comfort food such as fried chicken, mashed potatoes, gravy, green beans, mac and cheese, homemade apple pie were all offered in addition to tons of other items. It makes my mouth water even now.

If you missed this trip, we have more offerings. Please sign up for our FREE Travel Show, Thursday, October 29 at 6:30 pm, at the senior center, to introduce our 2027 trips. We will also have a few of the 2028 trips ready to preview.

HEALTH & WELLNESS



Shelbi Smith

Health & Wellness Coordinator

November is a wonderful time to focus on staying active, maintaining healthy habits, and enjoying time with friends as we enter the holiday season! As the weather gets cooler and the holidays approach, it is important to continue moving our bodies, keeping our minds engaged, and making time for social connections. At Shelby Senior Services, we have a variety of fun and exciting activities planned this month to help support your physical, mental, and emotional well-being. We hope you'll join us!

Tai Chi with Shelbi – Every Monday at 10:00 a.m. Start your week off with movement and relaxation! We will continue offering Tai Chi with Shelbi every Monday at 10:00 a.m. This gentle, low-impact exercise focuses on improving balance, flexibility, coordination, and overall well-being. Tai Chi is also a great way to reduce stress and promote relaxation. Whether you are new to Tai Chi or have been attending regularly, everyone is welcome to join us!

Turkey Ring Toss – Wednesday, November 11th at 1:00 p.m. Get ready for some Thanksgiving-themed fun with our Turkey Ring Toss game! Join us for an afternoon of friendly competition, laughter, and a little holiday spirit. This fun activity is a great way to practice hand-eye coordination, concentration, and gentle upper-body movement while enjoying time with friends. Come see how many rings you can land and join in on the fun!

Chair Volleyball – Wednesday, November 18th at 1:00 p.m. Come join us for a fun and energetic game of Chair Volleyball! This seated activity is a wonderful way to stay active while improving hand-eye coordination, reflexes, and upper-body strength. No experience is necessary, so come ready to have fun and enjoy some friendly competition!

Healthy Cooking – Monday, November 23rd at 1:00 p.m. Join us for another Healthy Cooking class as we explore simple and delicious ways to make healthier meals at home! With the holiday season approaching, it is a great time to learn how small changes in our cooking habits can make a big difference in our overall health. Participants will have the opportunity to learn new recipes, discover helpful cooking tips, and enjoy trying something delicious. Come hungry and ready to learn!

Turkey Trot Walking Program – Wednesday, November 25th at 1:00 p.m. Lace up your walking shoes and join us for our Turkey Trot Walking Program! Before the Thanksgiving festivities begin, let's get moving and enjoy some physical activity together. Walking is a wonderful way to improve heart health, strengthen muscles, maintain mobility, and boost your mood. Our Turkey Trot is all about staying active, enjoying time with friends, and celebrating the season. Be sure to wear comfortable walking shoes and dress appropriately for the weather!

Geri-Fit – Wednesday, December 2nd at 1:00 p.m. Keep your wellness goals going into December with Geri-Fit! This exercise class focuses on building strength, improving balance, and increasing flexibility through gentle movements and light weights. Geri-Fit is designed with older adults in mind and offers modifications to accommodate different fitness levels. Staying strong and active is especially important as we head into the winter months, so come join us!

All activities require sign-ups unless otherwise noted. Please stop by the Shelby Senior Services front desk to reserve your spot. We look forward to seeing you this November!

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Healthy Grieving Tip
....as Observed

"Even when things are less than perfect, if we can think of the good, the beautiful, the hopeful, we'll be more than sustained, we'll conquer."
Author Unknown

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SHELBYVILLE HORIZON CENTER



Crystala Evans

Shelbyville Activity Coordinator

The 2026 Holiday season is upon us! So many things to celebrate and be thankful for this year. Please don't miss out on all of these great opportunities to participate in fun programs. The Highlights section has a great description of things that we have that are outside of our regular programming. Please make sure to sign up for all of these great items so that we can prepare adequately. Some programs have a cost, and that is due at the time of the sign-up. This is to cover the cost of the program and space is usually limited. It is extremely important to sign up in advance so that we can accommodate everyone. We reserve the ability to close a program two days prior – especially if it involves food. We need time to alert those preparing the food in advance. Feel free to cut out the one-page calendar and put it on your refrigerator. It even has the monthly CICOA menu on the back. That way you can highlight the programs that you want to make sure you attend. November is going to be a fantastic and fun-filled month!

We will be decorating our tree and space at the Grover Museum at 1:00 p.m. on November 4th. Come join us as we make our tree come to life with our display. The theme this year is Hometown Heroes and will feature a red, white and blue theme to go along with the 250th Anniversary of the Declaration of Independence. This year we are going to be decorating our tree with our veterans in mind. Inquire today as to how you can participate or what items we might need for our tree. Plan to visit the Grover Museum in December and vote for our tree. We will also have a box for Christmas Card for our troops.

Christmas Card submissions are due by November 13th for consideration. The winner of this year's Christmas Card will receive a $20 Gift Card to Walmart and will have their art displayed on all of the cards we send out to our members. Send in your submissions to me, and I will get them the line for the judges.

Don't forget to sign-up for the December Christmas dinner which will be on December 8th. Cost is $7 for members and non-members. Sign-up for members only is November 2nd through the 6th. It is going to be a great time to gather with your center friends. Come be a part of the fun.

During the Holiday Season we want everyone to have a chance to be able to go on a Day Trip. Please refrain from signing up for every trip that is offered, and save a spot for someone else. I encourage you to sign-up for the trip that you want to attend the most. Then give others a chance to sign-up for a trip. Space is limited on our bus, and we do the best we can to provide you with an opportunity to have some fun. Thank you for your consideration.

Activity supply donations can be made at the front desk. Refer to the list in the newsletter for the center's needs. It changes each month. Please see the front desk to have them record your donation. These are very important to show what is costs to run our facility. We appreciate your support and donations.
Planning for 2027 is underway. I am reaching out to our community and local businesses for program sponsorships. We have opportunities for meal sponsors, prize table sponsors for Bingo, program facilitation, craft leaders, music groups geared towards seniors, and sharing things you are knowledgeable about with our seniors as well during our monthly Lunch and Learn series. Please contact me at 317-398-0127 to get on the calendar. We would love to have you support all of the great programming that we offer our seniors.

Happy Holidays and may you all be blessed this holiday season!
Crystalá Evans, ADC
Shelbyville Activity Coordinator

ACTIVITY HIGHLIGHTS

Please sign-up as some activities have limited space. When there is a cost for an activity please pay at the Front Desk or call 317-398-0127 to sign-up over the phone via a credit card.
*** denotes that you MUST sign up at the Front Desk prior to the event date.**

***Monday November 2nd, 9th, 16th and 30th by appointment only – Tech Savvy Seniors - By Appointment from 9:00 a.m. to 11:00 a.m.** We will be taking appointments for you to learn your technology with one-on-one, 30-minute sessions. Make your appointment, tell us what you want to learn on your device, and bring your technology fully charged and ready to work on during your session.

Wednesdays in November at 9:15 am. Bible Study Join us each Wednesday for our non-denominational Bible Study with Jim Martin. We have a great group of people who meet here so come and join us for prayer, bible readings, reflection, discussion, and fun. We would love to have you join our group.

Thursdays in November, at 10:15 a.m. Cardio Drumming Join Dakota Nicely and Crystala Evans for a fun cardio workout! We drum along to the beat of several songs that are sure to get your blood flowing. No need to sign-up since we now have extra equipment for drumming.

Fridays in November, at 9:00 a.m. Pop-Up Shops We will be having Pop-Up Shops on Fridays in November. Bring cash or card to do a little Christmas shopping. November 6th is Avon products, November 13th is Handmade Jewelry by Liz Riggs, and November 20th is Mary Kay with Pam Weakley.

***Wednesday, November 4th at 1:00 p.m. to Decorate the Grover Tree** We are going to meet at the Grover Museum at 1:00 p.m. at 52 W. Broadway Street in Shelbyville. Please sign up so that we know how many people will be attending. Our tree is going to be in the School House again this year. Come help us decorate our tree and bring our story to life.

Friday, November 6th at 9:00 a.m. – Fun Friday – Booklovers Day We are going to celebrate Booklovers Day. Bring in a copy of your favorite book to share with the group, or tell is about your favorite book. Come with a book to share with everyone. If you have a t-shirt that is about books in general – wear it for the group. Our Bingo sponsor is Willows.

***Monday, November 9th at 11:00 a.m. Day Trip - Cynthia's Hallmark COST $5** Come join us as we venture to Cynthia's Hallmark for lunch, a fashion show, and shopping! Please R.S.V.P. at the front desk or by calling 317-398-0127. We will have space on the bus this year, but it is only available for the first 14 people who sign up. They always provide us with a good meal and put on a good show. Space is limited to 25 participants. Bus Departs at 11:00 a.m., Lunch served at 11:30 a.m. We will be having Chick-Fila Sandwiches and sides prepared by the Hallmark staff, drinks and dessert. When the bus is full there are options to drive yourself or to carpool with other center members.

***Wednesday, November 11th at 11:30 am Lunch and Learn – Friendsgiving Pitch-In and Organ Donation Presentation - No Cost** This is a Lunch and Learn that you are not going to want to miss! This month we will be having a Friendsgiving Pitch-In. Waldron will be bringing the Turkey, and then you can bring your favorite side or dessert. There is No Cost for this Lunch and Learn, but please sign up and tell us what you are bringing. We will welcome Danny Ernstes here to talk about his Organ Donation journey. He will be sharing about how thankful he is to be an organ donation recipient.

Thursday, November 12th at 9:00 a.m. Coffee with The Mayor Scott Furgeson will be here to enjoy a cup of coffee and chat. He wants to hear from our 60-and-over senior community. This is a great chance to have an open forum discussion with the Mayor directly. No need to sign-up for this, but please come out and bring your questions. We will have donuts from Linne's Bakery, compliments of Love, Inc.

Thursday, November 12th at 1:00 p.m. Book Club at the Horizon Center in the Meeting Room with Pam Weakley from the library**.** This month we will be discussing our favorite books. Bring your favorite book from 2026 to share. It is a great time to start your book list for 2027.

ACTIVITY HIGHLIGHTS

***Thursday, November 12th Let's Go To The Movies Time is TBD** Cost is at your expense and is $5 for the Movie – which is payable at the time of the movie. Since they don't release the movie until the week prior -we want you to sign up and give us your phone #. As the date gets closer we will pick a movie. The movie will also be announced on Facebook.

Friday, November 13th at 9:00 a.m. Fun Friday – Button Day Wear your buttons. They can have fun sayings, pictures, or accolades from your life. We will also be celebrating November birthdays. Our cupcake sponsor is Tim and Janice Conway. Our Bingo sponsor is Ashford Place Health Campus.

***Monday, November 16th at 1:00 p.m. Mrs. Copperpot presentation with Donna Dennison** Let's welcome Mrs. Copperpot. She has some tales to tell. You are not going to want to miss this fun event with Donna Dennison from the Shelby County Library.

***Thursday, November 19th at 1:00 p.m. SCRABBLE with Erica from Millers** We are going play SCRABBLE with Erica from Miller's Merry Manor. Erica will also be bringing treats from the Swiss Maid in Hope, IN for everyone to enjoy. Have an afternoon snack and make words from the tiles you choose.

***Thursday, November 19th at 3:00 p.m. Music and a Meal with Tyler Wilson COST $7** We are going to be welcoming Tyler Wilson to our center with a little fun music. Music at 3:00 p.m. and Meal at 4:00 p.m. The meal will be turkey, mashed potatoes and gravy, green beans, rolls with butter, and pumpkin pie for dessert. You must RSVP for this event by November 13th. Cost is $7, and it is limited to 50 people.

Friday, November 20th at 9:00 a.m. Fun Friday – Thanksgiving Day We are going to celebrate Fun Friday by celebrating Thanksgiving Day. Wear your favorite Fall attire. Bring a Fall treat to share. Our prize table sponsor is Morristown Manor.

Monday, November 23rd at 9:00 a.m. – Decorate Center for Christmas We are going to Decorate the Center for Christmas. Come and help us trim the tree and get our center looking beautiful for the holidays. Hot cocoa will be served for all to enjoy!

November 26th and 27th – Center Closed for Thanksgiving Holiday

***Monday, November 30th at 1:00 p.m. –Dance and Karaoke with DJ Moxy** We will be having a Party with DJ Moxy. Wear your dancing shoes and come for some fun. Join us for music, dance, singing, and friendship. Bring a light refreshment to share.

***Wednesday, December 2nd at 4:30 p.m. Twinkle Tour – Christmas Nights of Lights Cost $10** We are going get in the Christmas spirit with a Twinkle Tour in Indianapolis. First we are going to gather at the center at 4:30 p.m. Travel to Murphy's for dinner and music. Dinner is at your cost. Then we are going to travel to see the Christmas Nights of Lights. Room for 13 people and cost is $10 for gas and the light show. Dinner is not included in the cost.

Friday, December 4th at 9:00 a.m. Fun Friday – Ugly Sweater and Christmas Socks Day We are going to celebrate this fun Friday by wearing our Ugly Sweaters and Christmas Socks. If you don't have an ugly Christmas sweater - take a sweater and add a few things to give it some flair. Bring in a pair of Christmas Socks filled with a few fun things. Tie them with a bow and put them on the St. Nicholas Table for our Sock Gift Exchange. Our prize sponsor is Willows of Shelbyville. We will be enjoying cupcakes for Dec. Birthdays from Freeman Family Funeral Home.

***Friday, December 4th at 6:00 p.m. Day Trip - Christmas Parade** We are going to be in the Christmas Parade! We will offer seats on the bus to be in the Christmas Parade. We will have 14 spots available. Hot cocoa and Christmas Carols will be sung and we will have fun games while we wait on the nice and toasty bus for the parade to begin. Spots will fill up quickly!

***Tuesday, December 8th at 11:00 a.m. Christmas Dinner and Party at the Center** Doors open at 11:00, meal at 11:30, and Music with Tom Brown at 12:30. Cost for the meal is $7 per person. You MUST pre-pay for this meal. No tickets will be sold on the day of. We will be having chicken and noodles, green beans, mashed potatoes, coleslaw, rolls, and dessert. Space is limited to 80 people– so don't delay signing up.

SHELBY SENIOR SERVICES

Cynthia's Hallmark



Monday - November 9, 2026

Bus Departs at 11:00 AM
Arrive at Hallmark 11:30 AM
Location: 1584 N State Street
Greenfield, IN 46140
Room for 14 Bus Riders and 30 guests
PLEASE RSVP to (317) 398-0127
as space is limited Cost is $5

WE WILL BE ENJOYING LUNCH, A FASHION SHOW, AND EVERYONE WILL RECEIVE COUPONS FOR SHOPPING!!!

We are excited to enjoy this fun trip
and get those precious Hallmark gifts for our friends and
family just in time for the Holidays!

Friendsgiving Pitch-In

LUNCH AND LEARN

NOVEMBER 11, 2026

LUNCH SERVED AT 11:30 AM
PRESENTATION 12:00 PM
2120 Intelliplex Drive, Shelbyville IN 46176

Let's enjoy a Thanksgiving Pitch-In Together And Learn About Organ Donation with Danny Ernstes and Andi Atherine from the Indiana Donor Network.
No Cost, Bring a Pitch-In Item
Turkey Provided By Waldron

Sign Up By Calling
317-398-0127

Shelby Senior Services Presents

MUSIC & A MEAL



MUSIC WITH TYLER WILSON

NOVEMBER 19, 2026

3:00 MUSIC
4:00 MEAL

MEAL BY:
YOUR WAY CATERING:
TURKEY
MASHED POTATOES & GRAVY
GREEN BEANS
ROLLS WITH BUTTER,
PUMPKIN PIE
& A DRINK

Please R.S.V.P.
by calling
317-398-0127
Room for 50 Guests
COST IS $7

2120 Intelliplex Drive, Suite 101
www.shelbyseniorservices.org

SHELBY SENIOR SERVICES PRESENTS

Day Trip - The Octagon House



NOVEMBER 18, 2026
BUS DEPARTS 10:30 A.M.

WE ARE GOING TO ENJOY A FUN FILLED TRIP TO THE JANE ROSS REEVES OCTAGON HOUSE
COST IS $10 PER PERSON
LUNCH IS AT YOUR EXPENSE
LIMITED TO 14 PARTICIPANTS
OPEN TO SENIOR SERVICE MEMBERS





We will be having lunch at The Depot in Greenfield at 11:00 a.m.. Then we will travel to Shirley, Indiana to The Jane Ross Reeves Octagon House.

FOR MORE INFORMATION CALL 317-398-0127

2120 INTELLIPLEX DRIVE, SUITE 101
SHELBYVILLE, IN 46176
WWW.SHELBYSENIORSERVICES.ORG



NOVEMBER ACTIVITY CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9:00 Tech Savvy Seniors 9:00 Mah Jongg 10:00 Tai Chi w/ Shelbi 1:00 Finalize Tree Decor	10:00 Caffeinated & Connected – Yahtzee 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	9:15 Bible Study with Jim 1:00 Decorate Grover Tree 1:00 Hand and Foot Card Game	9:00 POKENO 10:00 Tai Chi 10:15 Cardio Drumming 1:00 SCRABBLE	9:00 – Pop-Up Shop - Avon 9:00 Fun Friday – Booklovers Day 9:30 BINGO by Willows 1:00 Euchre & 1:00 Dominoes
9	10 Christmas Cards Due	11 Friendsgiving	12	13
9:00 Tech Savvy Seniors 9:00 Mah Jongg 10:00 Tai Chi w/ Shelbi 11:00 Cynthia's Hallmark Cost $5	10:00 Caffeinated & Connected – Uno 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	9:15 Bible Study with Jim 11:30 Lunch and Learn Friendsgiving Pitch-In – Organ Donation - No Cost 1:00 Hand and Foot 1:00 Turkey Ring Toss	9:00 Coffee with the Mayor & Donuts by Love, Inc. 10:00 Tai Chi 10:15 Cardio Drumming 1:00 Book Club 1:00 Let's Go To The Movies	9:00 Pop-Up Shop – Handmade Jewelry by Liz Riggs 9:00 Fun Friday – Button Day 9:30 November Birthdays Conways 9:30 Bingo by Ashford Place 1:00 Euchre & 1:00 Dominoes
16	17	18	19	20
9:00 Tech Savvy Seniors 9:00 Mah Jongg 10:00 Tai Chi w/ Shelbi 1:00 Mrs. Copperpot Presentation w/ Donna	10:00 Caffeinated & Connected – SCRABBLE 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	9:15 Bible Study with Jim 10:00 Day Trip – Octagon House Cost $10 1:00 Hand and Foot Card 1:00 Chair Volleyball	9:00 POKENO 10:00 Tai Chi 10:15 Cardio Drumming 1:00 SCRABBLE with Erica 3:00 Music and a Meal Cost $7	9:00 Pop-Up Shop – Mary Kay with Pam Weakley 9:00 Fun Friday – Thanksgiving 9:30 Bingo by Morristown 1:00 Euchre & 1:00 Dominoes
23	24	25	26	27
9:00 Decorate Center for Christmas – All Day 9:00 Mah Jongg 10:00 Tai Chi w/ Shelbi 1:00 Healthy Cooking	10:00 Caffeinated & Connected – Phase 10 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	9:15 Bible Study with Jim 1:00 Hand and Foot Card Game 1:00 Walking Wednesday – Turkey Trot	CENTER CLOSED THANKSGIVING HOLIDAY	CENTER CLOSED THANKSGIVING HOLIDAY
30 Best Beard Day	1 Giving Tuesday	2	3	4 Christmas Parade at 6 pm
9:00 Tech Savvy Seniors 9:00 Mah Jongg 10:00 Tai Chi w/ Shelbi 1:00 Dance and Karaoke with DJ Moxy	10:00 Caffeinated & Connected – Yahtzee 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	9:15 Bible Study with Jim 1:00 Hand and Foot Card Game 1:00 Geri Fit 4:30 Twinkle Tour Cost $10	9:00 POKENO 10:00 Tai Chi 10:15 Cardio Drumming 1:00 Watercolor Christmas Cards w/ Dawn Cost $10	9:00 Pop-Up Shop - Stained Glass 9:00 Fun Friday –Christmas Socks 9:30 December Birthdays by Freeman Family Funeral Home 9:30 BINGO by Willows 1:00 Euchre & 1:00 Dominoes

November 2026

CICOA
Aging & In-Home Solutions
A member of the InConnect Alliance.

SCAN ME

Monday	Tuesday	Wednesday	Thursday	Friday
2 Oven Fried Chicken Whipped Sweet Potatoes Collard Greens Orange Juice Milk	3 Spaghetti/Meatballs Parmesan Cheese Italian Cut Green Beans California Veggies Mixed Fruit Milk	4 Chicken Cordon Bleu Asparagus Red Skinned Potatoes Mixed Fruit Milk	5 BBQ Beef Green Beans Scalloped Potatoes WG Bun Diced Peaches Milk	6 Vegetarian Chili California Veggies Roasted Sweet Potatoes Corn Bread Tropical Fruit Milk
9 Grilled Hamburger Mac & Cheese Festive Green Beans Diced Pears WG Bun Milk	10 Cheesy Smothered Chopped Steak White Rice Pilaf Peas Wheat Bread Mandarin Oranges Milk	11 FRIENDSGIVING PITCH-IN LUNCH AND LEARN	12 Almond Crusted Fish California Veggies Scalloped Potatoes Mixed Fruit Wheat Bread Milk	13 Pot Roast w/Gravy Broccoli Mashed Potatoes Wheat Bread Applesauce Milk
16 Bagel w/Pork Sausage, Egg & Cheese Roasted Sweet Potatoes Applesauce Milk	17 Chicken Coq Au Vin Mashed Potatoes Diced Carrots Diced Peaches Milk Cultural Meal	18 Meatloaf w/Gravy Mashed Potatoes Brussel Sprouts Mandarin Oranges Milk	19 Beef Stew Corn Turnip Greens Wheat Bread Diced Peaches Milk	20 Cheese Lasagna w/ Vegetables Lima Beans Carrots Wheat Roll Diced Pineapple Milk
23 Thanksgiving Meal Turkey w/ Gravy Maple Sweet Potatoes Festive Green beans Diced Pears Holiday Treat Milk	24 Ginger BBQ Chicken Whipped Sweet Potatoes Collard Greens Wheat Bread Diced Pears Milk	25 Herb Crusted Hake Roasted Potatoes Broccoli Wheat Bread Tropical Fruit Cup Milk	26 Happy Thanksgiving Center Is Closed	27 Happy Thanksgiving Center Is Closed
30 Chicken & Noodles Rosemary Potatoes Italian Cut Green Beans Wheat Roll Birthday Treat Milk	1	2	3	4 

https://cicoa.org/menu

*Menus are subject to change based on product availability.

CICOA Meal Information

Shelby Senior Services lunch program is provided through CICOA at the Shelbyville Horizon Center Monday - Friday at 11:30am. Reservations are made by Tuesday at noon for the following week. You can make a reservation by signing up on a lunch day during the hours of 10:00am - 12:30pm, call us at 317-398-0127, or stop by the front desk. If you are unable to make your reservation, please call to let us know by 10am that day.

Activity Center Needs:

Thanksgiving Party Snacks
Hot Cocoa Packets
Wrapped Silverware with spoon, knife and fork
Individually wrapped snacks
Birthday Cupcake Sponsors for the 2027 Calendar Year (24 Cupcakes) Jan, June, Aug, Sept, Dec.
Gift Card Sponsors for 2027 for Euchre and Pokeno

Legal Aide Services:

A paralegal from the Indiana Legal Services: Senior Law Project come to Shelby Senior Services the third Thursday every month. To schedule an appointment with the paralegal, call 317-398-0127.

SHIP Services:

The State Health Insurance Assistance Program (SHIP) is a free and impartial counseling program for people with Medicare. We are currently looking for a new SHIP counselor. If you are in need of an appointment, call the toll free number at 800-452-4800

Tax Services:

Tax appointments for 2025 filings have concluded. Reservations for 2026 filings will begin around January 2027. Stay tuned for more information or call 317-398-0127 with any questions.



PUZZLE PALOOZA

JIGSAW PUZZLE TOURNAMENT

PRESENTED BY ENERGY2ACTION
BENEFITTING SHELBY SENIOR SERVICES

November 7, 2026
Beginning at 8am
Location: MHP Wellness Center YMCA Gym
2120 Intelliplex Dr.
Shelbyville, IN

For information and to register, please go to www.energy2action.com

Register early! Limited space in each category!
Individuals (Novice) - $30
(Novice has participated in less than 10 puzzle tournaments)
Individuals (Expert) - $30
(Expert - you know who you are!)
Partners - $40
3 Person Teams - $45
4 Person Teams 550 Piece - $50
2, 3, or 4 Person Teams 1000 Piece - $60
4 Person Teams 100 Piece Relay - $45
Kids 12 & Under 100 Piece Individual - $30



WALDRON

Join us every Tuesday in November!

Lunch at the St. Paul Tavern at 11am – Cost $5
Following lunch, we will have games for everyone to enjoy.

Please call 317-398-0127 and ask for Liz to reserve your spot or with any questions. We hope to see you there!

Due to increased bank fees, credit and debit purchases will carry a fee of 3%. We apologize for the inconvenience.

MORRISTOWN

Join us at the Morristown Horizon Center!
Located at the Morristown Methodist Church, 221 S. Washington St. Morristown, IN. Open Wednesdays from 11:00 am-2:00 pm. For lunch reservations, call or text Vivian at 765-404-2280.

10:30-11:15— Coffee and Chat
11:15 -12:00— Fun Exercises with Shelbi and Jim
12:00-1:00 p.m.— Lunch (cost $5)
1:00-2:00 p.m.— Games, activities, crafts, etc.

November 4
Lunch: Ravioli, sides and Birthday cake/ice cream
Activity: Ray from Legacy Tombstones

November 11
Lunch: Soup, Salad Bar, dessert
Activity: BINGO

November 18th
Lunch: Chicken noodles, mashed potatoes, dessert
Activity: TBD

November 25th CLOSED for THANKSGIVING HOLIDAYS

DONATIONS

Thank you to our donors:

American Legion Post #70
Barbara Reddick
Jodi Hansome
Diane Froiland
Betty Zoelzer
Jim & Marilyn Reed
Jane Sparks
Mark Parrish
Susan & Kenneth Sedam
Amy McCarty
Sandra Schoentrup
Pantry Pals
Marjorie Kuhn
Joyce Smith
Jo Glover
Nancy Stephenson
Miriam Francis
Tim & Janice Conway
Valerie Donica
Kimber Thompson
Imogene & Marvin Parrish
Henry Williams
First Presbyterian Church
Connie Ford
Anonymous Donors

Thank you to the following organizations/individuals for donations to the Activities Department:

Charles Davis Mansion – Bill and Jessica Nicholson, Shelby County Public Library, Anew Care, Cornerstone, Interim, Serenity Home Care, Main Street Hospice, Compass Park, Willows of Shelbyville, McKay Manor, Waldron Health and Rehabilitation Center, Willows of Shelbyville, Ashford Place, Walker Place, Morristown Manor and Cypress Run, Compass Park, Freeman Family Funeral Home, Murphy Parks Funeral Service, Glen E. George and Son Funeral Home, Infinity Home Care Plus, All Center Donors, Your Way Catering, Tim and Janice Conway of Blue River Stained Glass, Salvation Army, Kopper Kettle, Capone's Downtown Speakeasy, Hometown Hop On, CICOA, Shelby Go, Horizon Center Committee Members, Dementia Friends of Indiana, Alzheimer's Association, SCUFFY, and Blue River Community Foundation.

FAIRLAND

Join us at the Fairland Horizon Center!

Located at the Fairland Fire Dept. Community Room, 400 W 400 N Fairland, IN. Open Thursdays from 9:30am until we're done for the day! Call Kathy at 317-364-0029 to reserve your spot.

Mornings:

9:30-10:00 Coffee Chat
10:00 -11:00 Chair Volleyball—Nov. 12
Exercises with Shelbi—Nov. 5th & 19th
11:00 Bible Study
11:00 -12:00 Mind Games Board Games, Card Games & Bridge
10:00-11:30 Flu Shot Oct. 15
12:00 Lunch $5 Please make reservations by the Tuesday prior

November 5th "First Thursday Euchre"

Lunch: Chili, Peanut Butter and Honey Sandwiches, Cheese and Crackers, Veggie Sticks and Dessert
1:00 Euchre tournament
…prizes for High and Low Scores

Nov. 12th "Liar's Bench"

Lunch: Lasagna, Garlic Bread, Salad & Dessert veteran's lunches are free today!
1:00 The Liars's Bench with David McDaniel, Eric Todd, and Crystal Arystle. "What is that? I think Grandma had one that looked just like that." How well do you know the objects of historic Indiana? Test your knowledge at The Liar's Bench, an engaging program presented by the Indiana State Museum. Objects from the education collection of the museum are highlighted as David and his friends present challenging stories about each object - it is up to you, the audience to decide which of the stories is true.

November 19 "Counting our Blessings"

Noon Lunch : Thanksgiving Pitch-in…Kathy provides some very special marinated turkey and you provide the sides…Dessert has already been donated.
1:00 Aging GRATEfully "Gratitude is literally one of the few things that can measurably change people's lives", writes Dr. Robert Emmons,Ph.D., a leading expert of the science of gratitude. Let's practice some of that science today, by **counting our blessings**. Please come ready to share some of your life's greatest blessings. We will also have fresh flowers available for those who would like to make a small bouquet to brighten someone's day…or perhaps your day needs brightening!

November 26th ~ Closed

A note from Kathy….It was suggested at our last Fairland Senior's Advisory Council meeting, that we "adopt" a local family during the holidays. We will adopt our family through the local school system and they will be helped anonymously. We will make a "giving" tree with tags that you can choose from, with a gift listed on each tag. If you would like to participate, please select a tag sometime during the month of November and purchase a gift. Gifts will need to be wrapped and brought back in to our senior center by the first week in December. If you are not a shopper, have trouble getting out or are heading south (you lucky snowbirds) and would still like to help with this project, I would be happy to shop for you. Just get your donations to me and I will purchase the gifts needed.

Freeman Family Funeral Homes
Crematory & Monument Service



819 S. Harrison Street
Shelbyville, IN 46176
317-392-2555



124 E. North Street
Morristown, IN 46161
765-763-6321



www.freemanffh.com



Mike & Lana Freeman - *Owners*

Ryan, Sarah, Reese & Jameson Haehl

Shelby Senior Services, Inc.
2120 Intelliplex Dr. Ste. 101
Shelbyville, IN 46176

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