



Shelby Senior Services, Inc.

2120 Intelliplex Dr. Ste. 101
Shelbyville, IN 46176
317-398-0127
ShelbyGo Transportation
317-398-7614
www.shelbyseniorservices.org
Facebook @shelbyseniorservices

**SHELBY
SENIOR
SERVICES**
ENGAGE ENRICH EMPOWER

Horizon Newsletter

November 2025

Shelby Senior Services has so much to be thankful for all year long, but most importantly, we are thankful for our seniors. We wish you happy, healthy holidays in the upcoming months.



Mission & Purpose

The Mission of Shelby Senior Services, Inc. is to respect and respond to the ever-changing needs of older adults and their families, to enhance their quality of life, to assist in maintaining their independence and to be an integrated and valued partner in Shelby County.

IN THIS ISSUE

- 3 Membership Information
- 5 Social Services
- 6 ShelbyGo
- 7 Travel
- 8 Health & Wellness
- 11 Activities Notes
- 12 Activity Highlights
- 15 Activity Calendar
- 16 CICOA Meal Calendar
- 18 Waldron Horizon Center
- 18 Morristown Horizon Center
- 18 Donations
- 19 Fairland Horizon Center

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STAFF

Management Team

Liz Renton, Executive Director
Easter Hall Beyer, Director of Transportation

Horizon Center Coordinators

Crystalá Evans, Shelbyville
Kathy Miller, Fairland
Vivian Scott, Morristown

Program Staff

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Holly Schrank, Dispatcher
Shelbi Smith, Health & Wellness Coordinator
Gina Batton, Administrative Coordinator
Jim Kozinski, Programming Assistant
Carol McDaniel, Travel Coordinator
Will Mitchell, IT Coordinator

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	Roger Burt

2025-2026 Board of Directors

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“Serving seniors, improving lives.”

Annual Enrollment 2026

Medicare Annual Enrollment Period (AEP) is HERE – October 15, 2025 through December 16, 2025. Shelby Senior Services, will again this year, partner with Medicare and have SHIP Counselors available to assist you at NO COST. Both in-person and phone-call appointments will be available. Let the volunteer know your preference when you call to make your appointment.

IMPORTANT to KNOW to make your appointments run smoothly:

1. Schedule your appointment for one hour and be prepared to arrive on time and use the entire hour. One hour per person (not one hour per couple).
2. Days available for SHIP appointments begin October 15, 2025 and end December 16, 2025. Hours are Tuesday, Wednesday, Thursday 10:00am-2:00pm.
3. **Bring your Medicare Card (the red, white, and blue one) and You Book you received in the mail.**
4. **Bring a complete list of your PRESCRIPTION drugs by name, dosage, and frequency.**
5. Bring all the cards you use for any of your health care when you see your doctors.
6. Know your monthly income to see if you qualify for any subsidies.
7. If you do not have the needed materials with you, you will be asked to reschedule your appointment.

How do I schedule with a SHIP Counselor for Medicare AEP?

1. Call Shelby Senior Services at 317-398-0127. Inform them that you want to schedule a Medicare Annual Enrollment appointment with a SHIP Counselor.
2. If you prefer a phone appointment, this is when you tell them.
3. You will be asked: your name, your phone number, and what you are wanting to review. Do you only want to review your prescription drug plan or do you want to review your medical, dental, and/or Advantage Plan, or all of the above?

Shelby Senior Services Address: **2120 Intelliplex Dr. Suite 101 Shelbyville, IN 46176**

You will be responsible for remembering your own appointment. You will not be receiving reminder calls prior to your appointment. If you need to cancel or reschedule your appointment, call Shelby Senior Services at 317-398-0127 for assistance.

MEMBERSHIP

Shelby Senior Services Membership

By becoming a member, you are helping to support activities, services, and programs that help our community thrive.

Memberships are required to attend activities at any Horizon Center. Services and CICOA lunches do not require a membership.

Annual Fees

\$50 per year: Access to Shelbyville, Fairland, Morristown, and Waldron Horizon Centers
*\$50 annual fee required for Shelbyville

\$25 per year: Access to one designated Horizon Satellite Center: Fairland, Morristown, or Waldron

Membership Discounts

Show your Horizon Center Membership Card at these businesses and receive the following discounts:

- Applebee's: 10% discount
- Bookmark Cafe & Three Sisters Books & Gifts: 10% discount
- Elegant L: 10% discount on Merle Norman Cosmetics
- Kopper Kettle Inn Restaurant: 20% discount on a chicken dinner served family style; not honored on a holiday or live entertainment events
- Mathies Landscaping: 10% off retail merchandise
- The Chicken Inn: 10% discount
- Texas Corral: 10% discount



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- Medicare Planning & Reviews
- Medicare Advantage, Medicare Supplement, Prescription Drug Plans
- Special Needs Plans (C-SNPs & D-SNPs)
- Short-Term Care Plans
- Recovery Care, Cancer Plans, and Hospital Indemnity
- Long-Term Care Insurance Options

- Final Expense & Funeral Planning
- Indexed Whole Life & Guaranteed Issue Policies
- Final Expense Life Insurance
- Preplanning Funerals at Today's Cost
- Free Personal Planning Guide

- Retirement Financial Protection
- Safe Money Strategies
- Indexed Universal Life (IULs)
- Fixed Indexed Annuities
- Lifetime Income Solutions

- Chronic Condition Medicare Plans (C-SNPs)
I specialize in helping individuals who live with chronic health conditions get the coverage, support, and benefits they deserve. These conditions include:
- Diabetes (Type 1 & 2)
- Cardiovascular Disease & Heart Failure
- Chronic Kidney Disease & ESRD
C-SNP plans may offer extra benefits like low-cost medications, dental, hearing, vision, transportation, healthy food cards, and more—with little or no extra cost.

- Veteran, Church & Community Outreach
- Partnering with local churches, senior centers, and veteran groups
- Hosting Free Medicare 101 Classes, Diabetes Seminars, Ice Cream Socials, and Senior Events
- DJ Chuck: Free music & karaoke for community senior events!

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SOCIAL SERVICES



Jessie Hundley
Social Services Coordinator

Nutrition is key at every age.

Introducing Commodity Supplemental Food Program for Seniors (CSFP) – Shelby County

*** FREE BOXES OF NONPERISHABLE FOOD FOR SENIORS IN NEED ***

Each month, many older adults in Indiana must decide between purchasing food, filling prescriptions, or paying rent and utilities. Limited income and retirement savings do not cover all of their necessary living expenses.

Commodity Supplemental Food Program, or CSFP, eases the decision for area seniors because they know they can count on groceries to supplement their food budget.

CICOA and the Indiana State Department of Health have teamed up to provide free USDA food to help meet the nutritional needs of low-income older adults in Shelby county.

The USDA Commodity Supplemental Food Program (CSFP) provides boxes of nutritional, nonperishable food, such as canned fruits and vegetables, cold cereal, cheese and bottled juice.

Eligibility for the CSFP food boxes is based on age, income, and residency.

Pick Up will be the 4th Monday each month from 1-3 p.m. ONLY.

If you or someone you know is interested in this program,

please contact me at 317-398-0127.

~Jessie



Dementia Caregiver Gathering

Presented by: Alzheimer's Association, Greater Indiana Chapter

Third Tuesday of the month
1:30 p.m. – 2:30 p.m.

Shelby Senior Services
2120 Intelliplex Dr.
Suite 101
Shelbyville, IN 46176



Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

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- Learn about community resources.

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Needed Pantry Items:

Soup
Vegetables
Fruit
Peanut Butter
Canned Beans
Cereal
Oatmeal Packets
Rice
Pasta
Toilet Paper

Produce Pick-Up Days:

Monday, November 3
Monday, November 17
12-4pm

SHELBYGO TRANSPORTATION



Easter Hall-Beyer
Director of Transportation

Happy Holidays from ShelbyGo

As cold weather approaches, please be mindful to dress for the elements. Try to remain inside if possible. Please listen and/or watch for ShelbyGo to arrive. Driveway and sidewalks must be cleared for your safety and ShelbyGo staff.

The Staff at Shelby Go hopes everyone has a blessed and safe Holiday.

**Shelby Go will be closed for Thanksgiving
November 27th and 28th**

ShelbyGo transportation is public transportation that provides curb-to-curb service within Shelby County.

Fares

Seniors 60+: Free with donations accepted
Under 60: \$4 per boarding within city limits,
\$7 per boarding within county

Service Hours

Weekdays: 8:00am—4:00pm

MEMBER SPOTLIGHT



Lois Thomas

Lois Thomas was born to Charles and Martha McIntire in 1942 in Springfield, Ohio. Her parents were florists. She had one brother named Marvin, and he was six years older. They were very close. She moved to Anderson Ferry in Cincinnati, Ohio. Went to St. Vincent DePaul School. Her neighbor was Pete Rose before he became famous. After the first grade, Lois moved to Greenfield, Indiana. She graduated from Greenfield High School in 1961. After graduation, she went to Minneapolis, MN. She attended the Professional Business Institute Medical Assistant program. She then went to the University of Minnesota. She was part of a trial program that only allowed for 12 students. Out of the 12 students, she graduated at the top of her class. She came back to Indiana and worked for the Thornton, Haymond, Costin Medical Laboratory. Lois met her beloved husband, Jerry on a blind date in 1962. Their best friends set them up together, and they remain friends to this day. They married 61 years ago on July 18, 1964. Jerry worked as an electrician and traveled all over throughout their life together. They had 6 children: 4 girls and 2 boys. They have 6 grandchildren. Lois worked in the lab until 1968. She raised her beautiful family and then went back to work at age 42. Jerry and Lois were members of the St. Joseph Church, and Lois worked for the schools after school care program. Lois also worked for CICOA. Lois still works as a sub for CICOA to this day. She has seen the meal program from the days of the home-delivered meals to the communal program that it is to this day. Lois collects angels, and her favorites are the four seasons. Jerry and Lois share a love of square dancing. They have been dancing from 1977 to 2019, and have attended many National Square Dancing conventions. Lois has been a part of the senior center family for many years. She started out as a CICOA employee when the center was at the West Washington location, then moved to the Harrison Street location, and then to the MHP Health and Wellness location. She blended seamlessly from employee to center member. She was once told that once you retire, "You will rust out before you wear out." These words encouraged her to stay active and engaged. Attending many of the monthly activities has kept her going. She loves Bingo, Mah Jongg, Euchre, Hand and Foot, day trips, travel trips, Lunch and Learns, and Music and a Meal. Lois is at the center most days of the week, and you can bet that Jerry is by her side.

TRAVEL



Carol McDaniel
Travel Coordinator

Yellowstone & Jackson Hole September 2025

Shelby Senior Services recently sponsored a trip to Yellowstone & Jackson Hole in September.

Guest traveler Sherry Ponsler took great notes about what she saw and experienced. I am paraphrasing her observations below:

Surprisingly, she observed, travelers to Yellowstone were impressed by the Fall foliage. Magnificent yellows, oranges and reds dotted the countryside. The scenery was absolutely gorgeous! In addition, animals were plentiful, including elk, bison, bald eagles, sea otters, ducks and sheep.

One of the highlights was the Mormon Tabernacle church in Salt Lake City, Utah. Fortunately, the group was treated to a practice session by an organist while visiting this beautiful structure. The sounds from the large pipe organ were unbelievable, she wrote.

Across the street from the church, a family research center will search a person's family tree free of charge. Some of the travelers found out about their ancestors as far back as nine generations. While in Utah the group also visited the beautiful state capitol building.

Of course, another highlight was Old Faithful, which erupts approximately every ninety minutes. The visitors experienced many steam vents, "chocolate" mud pots, geysers and thermal basins, she said.

The magnificent Teton mountains showcased stunning white tops of glacial ice and snow. The Grand Teton is over thirteen thousand feet above sea level. To guard against altitude sickness, travelers were encouraged to drink lots of water.

In Jackson Hole, they boarded horse-drawn covered wagons to ride to the Double H Bar ranch to attend a BBQ. Along the way, they were "held up" by riders on horseback, pretending to be robbers!

The following day, they loaded onto rafts on the Snake River and floated three hours to the downtown Jackson Hole Playhouse, where they enjoyed a performance of "Cat Ballou."

After a lengthy delay at the airport, their uneventful flight landed safely back home.

Many thanks to Sherry for her excellent notes about this trip!

Don't forget to sign up for the free Travel Show at the senior center Thursday, October 30th at 6:30 p.m. to find out about available seats for next year's trips. Call 317-398-0127 to put your name on the list. Bring your checkbook in case you want to join us.

HEALTH & WELLNESS



Shelbi Smith
Health & Wellness Coordinator

As we welcome the season of gratitude, Shelby Senior Services is excited to offer a full slate of programs designed to keep you safe, strong, and connected.

We begin on Monday, November 3rd, at 1:00 pm with Detective Anderson of the Lawrence Police Department, an empowering session on staying safe at home and in the community, recognizing and preventing scams, protecting personal information, and finding local resources. Bring your questions, and a friend.

On Monday, November 10th, from 12:00–2:00 pm, join us at Cadillac Jacks (29 Public Sq, Shelbyville, IN 46176, right in the center of the circle) for a fun afternoon of Golden Girls Trivia! Lunch specials will be available for just \$10, and this event promises laughter, friendship, and some friendly competition. Please note: we will be meeting at Cadillac Jacks, not Shelby Senior Services, and transportation is on your own. Sign-ups are required at the front desk of Shelby Senior Services.

Our cozy Tea Time meets on Monday, November 10th and Monday, November 24th at 10:00 am, with warm tea, light snacks, and conversation to support social and emotional well-being.

Mark your calendars for Cornhole Fall Fun Day on Wednesday, November 19th, at 2:00 pm. We'll have multiple boards set up, easy rules, and plenty of encouragement for all ability levels (seated or standing).

Later in the month, Crockpot Creations returns on Monday, November 24th, at 1:00 pm with a simple, budget-friendly fall recipe, a tasting, a take-home card, and all the ingredients to make it at home yourself.

We'll round out the month with Chair Yoga on Wednesday, November 26th at 2:00 pm, a gentle class focused on flexibility, balance, and relaxation—perfect before the holiday rush.

Several of these programs are sign-up only with limited spots; please register at the Shelby Senior Services front desk to reserve your place. Wear comfortable clothing, bring a water bottle, and let us know about any accommodations you may need. Don't forget your Health Stamp Wellness Passport. Collect stamps for each class you attend and work toward fun milestone prizes.

We can't wait to learn, move, and share gratitude together this November.

Health & Wellness Highlights:

***Detective Anderson Safety Talk – Nov 3, 1:00 pm**

***Golden Girls Trivia at Cadillac Jacks – Nov 10, 12:00–2:00 pm (own transportation required)**

***Tea Time – Nov 10, 10:00 am, Nov 24, 10:00 am**

***Cornhole Fall Fun Day – Nov 19, 2:00 pm**

***Crockpot Creations – Nov 24, 1:00 pm (limited spots)**

***Chair Yoga – Nov 26, 2:00 pm**

Tai Chi—Every Thursday at 10am

Bowling—Every Friday at Blue River Bowl at 12pm

***Sign-up required prior to the event date**

***All sign-ups are at the Shelby Senior Services front desk.**

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SHELBYVILLE HORIZON CENTER



Crystala Evans
Shelbyville Activity Coordinator

The 2025 Holiday season is upon us! So many things to celebrate and be thankful for this year. Please don't miss out on all of these great opportunities to participate in fun programs. The Highlights section has a great description of things that we have that are outside of our regular programming. Please make sure to sign up for all of these great items so that we can prepare adequately. Some programs have a cost, and that is due at the time of the sign-up. This is to cover the cost of the program, and space is usually limited. It is extremely important to sign up in advance so that we can accommodate everyone. We reserve the ability to close a program two days prior – especially if it involves food. We need time to alert those preparing the food in advance. Feel free to cut out the one-page calendar and put it on your refrigerator. It even has the monthly CICOA menu on the back. That way you can highlight the programs that you want to make sure you attend. November is going to be a fantastic and fun-filled month.

We will be decorating our tree and space at the Grover Museum on November 4th at 1:00 p.m. Come join us for lunch at Capone's at 12:00, and then travel to the Grover Museum as we decorate our tree. This year the theme is "Fictional Super Heroes" and we have chosen the Pillsbury Doughboy. Dee Huskey collects the adorable doughboy that is known as "Poppin Fresh." This is a great opportunity to display her collection. Plan to visit the Grover Museum in December and vote for our tree.

Christmas Card submissions are due by November 14th for consideration. The winner of this year's Christmas Card will receive a \$20 Gift Card to Walmart and will have their art displayed on all of the cards we send out to our members. Send in your submissions to me, and I will get them in line for the judges.

Don't forget to sign-up for the December Christmas dinner which will be on December 9th. Cost is \$7 for members and non-members. Sign-up for members only is November 3rd through the 7th. It is going to be a great time to gather with your center friends. Come be a part of the fun.

During the Holiday Season we want everyone to have a chance to be able to go on a Day Trip. Please refrain from signing up for every trip that is offered, and save a spot for someone else. I encourage you to sign-up for the trip the you want to attend the most. Then give others a chance to sign-up for a trip. Space is limited on our bus and we do the best we can to provide you with an opportunity to have some fun. Thank you for your consideration.

Planning for 2026 is underway. I am reaching out to our community and local businesses for program sponsorships. We have opportunities for meal sponsors, prize table sponsors for Bingo, program facilitation, craft leaders, music groups geared towards seniors, and sharing things you are knowledgeable about with our seniors as well during our monthly Lunch and Learn series. Please contact me at 317-398-0127 to get on the calendar. We would love to have you support all of the great programming that we offer our seniors.

Happy Holidays and may you all be blessed this holiday season!

Sincere regards,
Crystalá Evans, ADC
Shelbyville Activity Coordinator

HAPPY
Birthday

*Jessie Hundley November 1st
Charlene McColley November 6th
Tim Conway November 7th
Vickie Marshall November 21st
Peggy Franklin November 24th
Lee McDaniel November 25th
Lois Thomas November 28th

ACTIVITY HIGHLIGHTS

Please sign-up as some activities have limited space. When there is a cost for an activity please pay at the Front Desk or call 317-398-0127 to sign-up over the phone via a credit card.

* denotes that you MUST sign up at the Front Desk prior to the event date

***November by appointment only – Tech Savvy**

Seniors - By Appointment from 9:00 a.m. to 11:00

a.m. We will be taking appointments for you to learn your technology with one-on-one, 30-minute sessions. Make your appointment, tell us what you want to learn on your device, and bring your technology fully charged and ready to work on during your session.

***Tuesday November 4th, 11th, 18th, and 25th at**

10:00 a.m. Caffeinated and Connected We will play a different game or have a different discussion topic each week. Please sign up so that we know how many donuts to buy for the class. You can attend one or all of the weeks, but do sign up in advance.

***Monday, November 4th at 12:00 p.m. for lunch at Capone's and 1:00 p.m. to Decorate the Grover Tree**

We are going to meet at Capone's for lunch at 12:00 p.m. and then go to the Grover Museum at 1:00 p.m. at 52 W. Broadway Street in Shelbyville. Please sign up so that we know how many people will be attending. Our tree is going to be in the School House again this year. Come help us decorate our tree and bring our story to life.

***Wednesday, November 5th at 11:00 a.m. Day Trip -**

Cynthia's Hallmark COST \$5 Come join us as we venture to Cynthia's Hallmark for lunch, a fashion show, and shopping! Please R.S.V.P. at the front desk or by calling 317-398-0127. We will have space on the bus this year, but it is only available for the first 14 people who sign up. They always provide us with a good meal and put on a good show. Space is limited to 30 participants. When the bus is full there are options to drive yourself or to carpool with other center members.

***Thursday, November 6th at 1:00 p.m. SCRABBLE**

We are going to rack our brain and come up with our best words in SCRABBLE. This is always a fun game, and everyone can play.

Friday, November 7th at 9:00 a.m. Fun Friday -

Jersey Day We are going to celebrate by wearing our favorite team Jersey. It can be any sport and any team. If you don't have a jersey – then just wear your favorite team colors. Our Bingo sponsor is McKay Manor of Shelbyville.

***Monday, November 10th at 1:00 p.m. Pomander**

Craft – Cost \$5 We are going to be making a Pomander Centerpiece for our Thanksgiving Craft. Cost is \$5. Open to 10 participants. Please sign-up in advance as space is limited. Come get crafty!

***Tuesday, November 11th at 11:30 a.m.**

Friendsgiving Pitch-In Join us for a FREE pitch-in lunch. Please sign-up and let us know what you will bring so that we have a good variety. We are going to have a Friendsgiving Party. Think Thanksgiving, but with your center family and friends. We hope to see you there.

***Wednesday, November 12th at 11:30 a.m. Lunch and Learn – Indiana's Backyard Birds – COST \$5**

The Audubon Society will be here to present on Indiana's Backyard Birds. Lunch will be provided. You must R.S.V.P. at the front desk by November 10th. This program is being brought to you by a grant from the Blue River Foundation. The cost is \$5 and there is room for 30 people.

***Thursday, November 13th at 9:00 a.m. Coffee with**

The Mayor Scott Furgeson will be here to enjoy a cup of coffee and chat. He wants to hear from our 60 and over senior community. This is a great chance to have an open forum discussion with the Mayor directly. Call to reserve your spot and Day Passes are available. Robert Moore from Defender Financial will be here with donuts. Please sign up in advance so that we have enough donuts available.

Thursday, November 13th at 1:00 p.m. Book Club at the Horizon Center in the Meeting Room with Pam Weakley from the library. This month we will be discussing our favorite books of the year. All center members are welcome.

Thursday – November 13th at 1:00 p.m. – Movie “Dr.

Dolittle” We are going to be showing the 1967 version of “Doctor Dolittle” featuring Rex Harrison. This movie is 2 hours and 32 minutes. Come and enjoy a movie and some popcorn.

Friday, November 14th at 9:00 a.m. Fun Friday –

Family Pajama Day We are going to celebrate Family Pajama Day. Wear your favorite pajamas for Family Pajama Day. We will also be celebrating November

ACTIVITY HIGHLIGHTS

birthdays. Our cupcake sponsor is Tim and Janice Conway. Our Bingo sponsor is Ashford Place Health Campus.

***Monday, November 17th at 1:00 p.m. Monopoly**

Join us for a game of Monopoly. We will welcome Erica from Millers Merry Manor here to our center. She is going to be bringing us fresh bread from her facility for Fresh Bread Day. We will enjoy our bread and play a little Monopoly. The one with the most bread wins Monopoly. Please sign up so we know how many Monopoly boards we need to have going.

***Monday, November 20th at 1:00 p.m. Bird Program with Rachael Ackley**

Did you know that Shelby County is a Bird Town? Come and learn about ways that you can be a part of this initiative for bird conservation. We will have a lot of great information for you on what you can do to help the birds. We will have snacks as well.

***Thursday, November 20th at 3:00 p.m. Music and a Meal – Thanksgiving Meal and Mystery Train Band**

Cost is \$7 We are going to be having our Thanksgiving meal and welcoming Mystery Train Band to our center. Music at 3:00 p.m. and Meal at 4:00 p.m. The meal will be turkey, stuffing, green beans, mashed potatoes with gravy, rolls with butter, dessert, and a drink. The meal is limited to 50 people, so sign up early. Cost is \$7 per person for members.

Friday, November 21st at 9:00 a.m. Fun Friday – Thanksgiving Day

We are going to celebrate Fun Friday by celebrating Thanksgiving Day. Wear your favorite Fall attire. Bring a Fall treat to share with center members. Our prize table sponsor is Morristown Manor.

Monday, November 24th at 9:00 a.m. – Decorate Center for Christmas

We are going to Decorate the Center for Christmas. Come and help us trim the tree and get our center looking beautiful for the holidays. We look forward to seeing you. Hot cocoa will be served for all to enjoy!

***Tuesday, November 25th at 4:30 p.m. Twinkle Tour – Christmas Nights of Lights Cost \$10**

We are going get in the Christmas spirit with a Twinkle Tour in Indianapolis. First we are going to gather at the center at 4:30 p.m. Travel to Momma Carolla's for dinner. Dinner is at your cost. Then we are going to travel to see the Christmas Nights of Lights. Room for 13 people and cost is \$10 for gas and the light show.

Dinner is not included in the cost.

November 27th and 28th – Center Closed for Thanksgiving Holiday

***Monday, December 1st at 1:00 p.m. Snowman Craft**

Cost \$5 We are going to be making a cute Snowman Craft with Erica from Millers Merry Manor and Crystala Evans, Activity Coordinator. These are cute to keep or give as a gift for the holidays. Cost is \$5 and space is limited to 10 participants.

***Wednesday, December 3rd at 10:00 a.m. Day Trip to Zion Brothers and The Festival of Trees Cost \$10**

If you remember Scotty Zion – you might remember him talking about his restaurant called Zion Brothers. Join us for lunch at his restaurant. Then we are going to go to the beautiful Paramount Theatre in Anderson, IN to view their beautiful display of trees. Cost is \$10 and space is limited to 14 people. Lunch is at your expense.

Friday, December 5th at 9:00 a.m. Fun Friday – Ugly Sweater and Christmas Socks Day

We are going to celebrate this fun Friday by wearing our Ugly Sweaters and Christmas Socks. If you don't have an ugly Christmas sweater, you can take a sweater and add a few things to give it some flair. Bring in a pair of Christmas Socks filled with a few fun things. Tie them with a bow and put them on the St. Nicholas Table for our Sock Gift Exchange. Our prize table sponsor is McKay Manor.

***Friday, December 6th at 6:00 p.m. Day Trip - Christmas Parade**

This year we are going to offer seats on the bus to be in the Christmas Parade. We will have 14 spots available. Hot cocoa and Christmas Carols will be sung and we will have fun games while we wait on the nice and toasty bus for the parade to begin. Final details are forthcoming, but we wanted to get it in the newsletter in time to fill the bus. The parade starts at 7 pm – but we have to be in line earlier. Spots will fill up quickly!

***Tuesday, December 9th at 11:00 a.m. Christmas**

Dinner and Party at the Center Doors open at 11:00, meal at 11:30, and Music with Tyler Wilson at 12:30. Cost for the meal is \$7 per person. You MUST pre-pay for this meal. No tickets will be sold on the day of the meal. We will be having chicken and noodles, green beans, mashed potatoes, coleslaw, rolls, and dessert. Space is limited – so don't delay signing up. Members can sign up beginning November 3, 2025

DAY TRIP TO
Cynthia's Hallmark



Wednesday - November 5, 2025

Bus Departs at 11:00 AM

Arrive at Hallmark 11:30 AM

Location: 1584 N State Street
Greenfield, IN 46140

Room for 14 Bus Riders and 30 guests

PLEASE RSVP to (317) 398-0127

as space is limited Cost is \$5

WE WILL BE ENJOYING LUNCH, A FASHION SHOW, AND EVERYONE WILL RECEIVE COUPONS FOR SHOPPING!!!

We are excited to enjoy this fun trip and get those precious Hallmark gifts for our friends and family just in time for the Holidays!



SHELBY SENIOR SERVICES PRESENTS

**LUNCH AND LEARN
INDIANA'S BACKYARD**



BIRDS



**NOVEMBER 12, 2025
11:30 A.M. LUNCH
12:00 PRESENTATION**

2120 INTELLIPLEX DRIVE, SUITE 101
SHELBYVILLE, IN 46176

WE ARE WELCOMING OLIVIA BAUTCH FROM THE THE INDIANA AUDUBON SOCIETY TO OUR CENTER FOR A PROGRAM ON INDIANA'S BACKYARD BIRDS - A GUIDE TO OUR AVIAN NEIGHBORS. COST IS \$5 - LIMITED TO 30 PARTICIPANTS

THIS PROGRAM IS FUNDED WITH A GRANT FROM THE BLUE RIVER COMMUNITY FOUNDATION

FOR MORE INFORMATION CALL 317-398-0127



SHELBY SENIOR SERVICES, INC.

WWW.SHELBYSENIORSERVICES.ORG



Shelby Senior Services Presents

MUSIC AND A MEAL



NOVEMBER 20th at 3:00 PM

Really Great Country MUSIC

12 05693 3053 4

special performance by:



MYSTERY TRAIN BAND

Dinner served 4:00 p.m. from Your Way Catering
COST \$7 per person
Meal Includes: Turkey, Stuffing, Mashed Potatoes & Gravy, Green Beans, Rolls & Dessert

You MUST R.S.V.P. for this event by January 14th by calling 317-398-0127

Limited to 50 people

Food ★ Music ★ Fun



Twinkle Tour

CHRISTMAS NIGHTS OF LIGHTS

Tuesday, November 25th
Bus Departs 4:30 p.m.
Returns 9:00 p.m.

We are going to Mama Carolla's for dinner and then to the Christmas Nights of Lights.

Cost is \$10 plus the cost of your dinner. Limited to 13 participants

Let's get into the spirit of the holidays with our Annual Twinkle Tour. Join us for some some fun!






NOVEMBER ACTIVITY CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Produce Pick-Up 9:00 Open Games 1:00 Mah Jongg 1:00 Safety and Defense with Cody	4 10:00 Caffeinated & Connected 1:00 Decorate The Grover Tree 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	5 9:15 Bible Study with Jim 11:00 Day Trip to Hallmark Cost \$5 1:00 Hand and Foot Card Game	6 9:30 POKENO 10:00 Tai Chi 1:00 SCRABBLE	7 9:00 Fun Friday – Jersey Day 9:30 BINGO by McKay Manor 1:00 Euchre 1:00 Dominoes
10 9:00 Tech Savvy Seniors 10:00 Tea Time 12:00 Golden Girls Trivia at Cadillac Jacks 1:00 Pomander Craft Cost \$5	11 Veterans Day 10:00 Caffeinated & Connected 11:30 Friendsgiving Pitch-In 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	12 9:15 Bible Study with Jim 11:30 Lunch and Learn – Indiana’s Backyard Birds Cost \$5 1:00 Hand and Foot Game	13 9:00 Coffee with The Mayor 9:30 POKENO 10:00 Tai Chi 1:00 Book Club 1:00 Movie Matinee	14 November Birthday Party 9:00 Fun Friday – Pajama Day 9:30 Bingo by Ashford Place 1:00 Euchre & 1:00 Dominoes
17 Produce Pick-Up 9:00 Tech Savvy Seniors 1:00 Mah Jongg 1:00 Monopoly with Erica and Homemade Bread from Miller’s Merry Manor	18 10:00 Caffeinated & Connected 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	19 9:15 Bible Study with Jim 1:00 Hand and Foot Card Game 2:00 Cornhole	20 9:30 POKENO 10:00 Tai Chi 1:00 Birdtown Program with Rachael Ackley 3:00 Music and a Meal – Mystery Train Band Cost \$7	21 9:00 Fun Friday – Thanksgiving 9:30 Bingo by Morristown Manor 1:00 Euchre 1:00 Dominoes
24 9:00 Decorate Center for Christmas 10:00 Tea Time 1:00 Crockpot Class	25 10:00 Caffeinated & Connected 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting 4:30 Twinkle Tour Cost \$10	26 9:15 Bible Study with Jim 1:00 Hand and Foot Card Game 2:00 Chair Yoga	27 CENTER CLOSED THANKSGIVING DAY	28 CENTER CLOSED THANKSGIVING HOLIDAY
1 Produce Pick-Up 9:00 Tech Savvy Seniors 9:00 Mah Jongg 1:00 Snowman Craft Cost \$5	2 Giving Tuesday 10:00 Caffeinated & Connected 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	3 9:15 Bible Study with Jim 10:00 Day Trip - Festival of Trees Cost \$10 1:00 Hand and Foot Game	4 9:30 POKENO 10:00 Tai Chi 1:00 SCRABBLE	5 Christmas Parade 9:00 Fun Friday –Christmas Socks 9:30 BINGO by McKay Manor 1:00 Euchre & 1:00 Dominoes 6:00 Christmas Parade



Monday	Tuesday	Wednesday	Thursday	Friday
				
3 *Produce Pick-Up Oven Fried Chicken Whipped Sweet Potatoes Collard Greens Orange Juice Milk	4 Spaghetti/Meatballs Parmesan Cheese Italian Cut Green Beans California Veggies Mixed Fruit Milk	5 Cheesy Grits Veggie Scramble Country Apples Milk	6 BBQ Beef Green Beans Scalloped Potatoes WG Bun Diced Peaches Milk	7 Vegetarian Chili California Veggies Roasted Sweet Potatoes Corn Bread Tropical Fruit Milk
10 Grilled Hamburger Mac & Cheese Festive Green Beans Diced Pears WG Bun Milk	11 Cheesy Smothered Chopped Steak White Rice Pilaf Peas Wheat Bread Mandarin Oranges Milk	Lunch And Learn Cost \$5	13 Almond Crusted Fish California Veggies Scalloped Potatoes Mixed Fruit Wheat Bread Milk	14 Pot Roast w/Gravy Broccoli Mashed Potatoes Wheat Bread Applesauce Milk
17 *Produce Pick-Up Unstuffed Peppers Baked Potato Green Beans w/ Almonds Cinnamon Applesauce Milk 	18 Bagel w/Pork Sausage, Egg & Cheese Roasted Sweet Potatoes Applesauce Milk	19 Meatloaf w/Gravy Mashed Potatoes Brussel Sprouts Mandarin Oranges Milk	20 Beef Stew Corn Turnip Greens Wheat Bread Diced Peaches Milk	21 Cheese Lasagna w/ Veggie Marinara Capri Veggies Lima Beans Wheat Roll Diced Pineapple Milk
24 *Thanksgiving Meal* Sliced Turkey w/Gravy Maple Sweet Potatoes Green Beans Pumpkin Pie Diced Pears Milk	25 Herb Crusted Hake Roasted Potatoes Broccoli Wheat Bread Tropical Fruit Cup Milk	26 Italian Bowtie Pasta w/Beef Broccoli w/Red Peppers Green Beans Applesauce Milk	THANKSGIVING DAY CENTER CLOSED	THANKSGIVING HOLIDAY CENTER CLOSED

<https://cicoa.org/menu>

*Menus are subject to change based on product availability.

CICOA Meal Information

Shelby Senior Services lunch program is provided through CICOA Aging & In-Home Solutions at the Shelbyville Horizon Center Monday-Friday. Reservations are made by Tuesday at noon for the following week. You can make a reservation by calling 463-777-1239 or sign-up during the lunch hours of 10:30am-12:30pm. If you are unable to make your reservation, please call to let us know by 10am that day.

Activity Center Needs:

- Hot Cocoa Packets
- Small Plates
- Individually wrapped snacks
- Powder lemonade mix

Are you interested in advertising in the Horizon Newsletter?

Contact Liz Renton at 317-398-0127 or lrenton@shelbyseniorservices.org

Legal Aide Services:

A paralegal from the Indiana Legal Services: Senior Law Project come to Shelby Senior Services the third Thursday every month. To schedule an appointment with the paralegal, call 317-398-0127.

SHIP Services:

The State Health Insurance Assistance Program (SHIP) is a free and impartial counseling program for people with Medicare. To schedule an appointment, call 317-398-0127.

Tax Services:

Tax appointments for 2024 filings have concluded. Reservations for 2025 filings will begin around January 2026. Stay tuned for more information or call 317-398-0127 with any questions.

**Diabetes Prevention Program
With MHP/Major Health Partners**

Wednesday, January 7th at 4:00 p.m.

This is a year-long program that meets in person and helps people who have pre-diabetes or are at risk of developing Type 2 diabetes.

The program will teach them how to make healthy lifestyle changes to prevent or delay developing Type 2 diabetes.

This program is free to eligible participants. Call 317-398-5315 or email Lisa Schnepf, lschnepf@majorhospital.org to learn more and see if you are eligible.

WALDRON

Join us at the Waldron Horizon Center

Located at the Waldron Baptist Church, 112 Grant St. Waldron, IN. Open Tuesdays from 10:00 am-2:00 pm.

10:00—Coffee & Chat

11:00-11:45—Exercises

11:45—Lunch (cost \$5)

November 4

Lunch: Potato soup, rolls and dessert

Activity: Cards & Games

November 11

Lunch: Baked spaghetti, garlic bread, salad & dessert

Activity: Cards & Games

November 18

Lunch: Chicken & noodles, green beans, rolls & dessert

Activity: Cards & Games

November 25th CLOSED FOR THE THANKSGIVING HOLIDAY

MORRISTOWN

Join us at the Morristown Horizon Center

Located at the Morristown Methodist Church, 221 S. Washington St. Morristown, IN. Open Wednesday from 11:00 am-2:00 pm. For lunch reservations, call or text Vivian at 765-404-2280.

10:30-11:15—Coffee and Chat

11:15 -12—Fun Exercises with Shelbi and Jim

12-1pm—Lunch (cost \$5)

1-2pm— Games, activities, crafts, etc.

November 5

Lunch: Breakfast for lunch: Breakfast bar, sides and dessert

Activity: Bingo with prizes

November 12

Lunch: Ground Beef casserole, sides and dessert

Activity: Jeff Bell and the Bell Funeral Home team present common pitfalls and blunders to avoid in funeral planning and final celebrations.

November 19

Lunch: Chicken Noodles, mashed potatoes, sides and dessert

Activity: Painted Stain Glass craft with Mary Ann

November 26th CLOSED FOR THE THANKSGIVING HOLIDAY

DONATIONS

Thank you to our donors:

Janice & Tim Conway
Valerie Donica
Elks Lodge #521
Anonymous Donors
Judy Eads
Cindy Fair
Marjorie Kuhn
John & Sandra
Schoentrup
Audrey Caffee

Pantry Pals
Denise Holland
John & Martha
Wetnight
Infinity Home Care
Betty Zoelzer

Thank you to the following organizations/individuals for donations to the Activities Department:

Compass Park, McKay Manor, Waldron Health and Rehabilitation Center, Willows of Shelbyville, Ashford Place, Walker Place, Morristown Manor and Cypress Run, Freeman Family Funeral Home, Murphy Parks Funeral Service, Glen E. George and Son Funeral Home, Infinity Home Care Plus, All Center Donors, Starbucks, Your Way Catering, Tim and Janice Conway of Blue River Stained Glass, Salvation Army, Kopper Kettle, CVS, CICOA, ShelbyGo, Horizon Center Committee Members, Dementia Friends of Indiana, Alzheimer's Association, SCUFFY, and Blue River Community Foundation.

FAIRLAND

Join us at the Fairland Horizon Center

Located at the Fairland Fire Dept. Community Room, 400 W 400 N Fairland, IN. Open Thursdays from 9:30am until we're done for the day. Call Kathy at 317-364-0029 to reserve your spot.

9:30-10:00—Coffee & Chat

10:00-11:00—Exercise with Shelbi November 6 & November 20
Chair Volleyball November 13

11:00-12:00—Games, bridge, cards, puzzles, etc.

11:00-12:00—Bible Study

12:00—Lunch (cost \$5) *make reservations Tuesday prior

November is our “So Much for Which to Be Thankful” month

November 6th “Thankful for Fun with Friends”

Lunch: Soups ON!!! Bean Soup or Vegetable Beef Soup, Corn Bread, Cole Slaw and Dessert

1:00 Euchre tournament

...prizes for High and Low Scores

1:00 Crock-potting with Shelbi in back room

Nov. 13th “Thankful for Our Veterans and all those help who keep us safe all year round!”

Lunch: Menu TBA prepared by Janie Schuster. Veteran’s lunches are free today!

1:00 Sandra Hall from The Shelby County Board of Health will join us today with important information and supplies, in regards to emergency preparedness.

November 20 “Thankful for the Beauty of the Earth”

Lunch: Pork Roast, Mashed Potatoes & Gravy, Veggies, Rolls, Dessert

1:00 Flower arranging with Don! Come create something with the glorious colors of autumn, just in time for Thanksgiving! We will be collecting a free will donation to help pay with the expense of the flowers.

November 27th ~ Closed for Thanksgiving

The 11th annual Fairland Seniors fundraising campaign has wrapped up and I am thrilled to announce that thanks to the generous hearts of the following businesses and Friends of Fairland, we raised over \$10,000!

Thank you! Thank you!! Thank you!!! Kathy and “crew”

Freeman’s Funeral Homes

Town of Fairland

Shelby Farm Supply

Beaty Construction

Larkey Insurance

C-Tech

US Bath Group

M & C Excavating

Fairland (Bowman) Landscaping

Friends of Fairland

A note from Kathy....

It was suggested at our last Fairland Senior’s Advisory Council meeting, that we “adopt” a local family during the holidays. We will adopt our family through the local school system and they will be helped anonymously. We will make a “giving” tree with tags that you can choose from, with a gift listed on each tag. If you would like to participate, please select a tag sometime during the month of November and purchase a gift. Gifts will need to be wrapped and brought back in to our senior center by the first week in December. If you are not a shopper, have trouble getting out or are heading south (you lucky snowbirds) and would still like to help with this project, I would be happy to shop for you. Just get your donations to me and I will purchase the gifts needed.

* * *
Healthy Grieving Tip
.....as Observed

“Even when things are less than perfect, if we can think of the good, the beautiful, the hopeful, we’ll be more than sustained, we’ll conquer.”

Author Unknown



Glenn E. George & Son Funeral Home

437 Amos Road, Shelbyville IN 46176
317-398-4599



106 E. Franklin, St. Paul, IN 47272
765-525-2411



Shelby Senior Services, Inc.
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Shelbyville, IN 46176

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