



# Shelby Senior Services, Inc.

2120 Intelliplex Dr. Ste. 101  
Shelbyville, IN 46176  
317-398-0127  
ShelbyGo Transportation  
317-398-7614  
[www.shelbyseniorservices.org](http://www.shelbyseniorservices.org)  
Facebook @shelbyseniorservices

## Horizon Newsletter

**February 2026**



**IT'S TAX TIME!**

Location:

Shelby Senior Services  
2120 Intelliplex Dr. Ste. 101

February 4 - April 15

Wednesdays 9am-4pm

Thursdays 9am-2pm

Appointments are required.

Call Shelby Senior Services at  
317-398-0127 to reserve your spot  
or with any questions.

## **Mission & Purpose**

The Mission of Shelby Senior Services, Inc. is to respect and respond to the ever-changing needs of older adults and their families, to enhance their quality of life, to assist in maintaining their independence and to be an integrated and valued partner in Shelby County.

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## **STAFF**

### **Management Team**

Liz Renton, Executive Director  
Easter Hall Beyer, Director of Transportation

### **Horizon Center Coordinators**

Crystalá Evans, Shelbyville  
Kathy Miller, Fairland  
Vivian Scott, Morristown

### **Program Staff**

Jessie Hundley, Social Services Coordinator  
Holly Schrank, Dispatcher  
Shelbi Smith, Health & Wellness Coordinator  
Gina Batton, Administrative Coordinator  
Jim Kozinski, Programming Assistant  
Carol McDaniel, Travel Coordinator

### **ShelbyGo Drivers**

Margaret Deaton	John Forthofer
Andrea Majeed	Jerry Berry
Joy Vice	Daniel Majeed
Roger Burt	

### **2025-2026 Board of Directors**

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Brent Swonger, Vice President  
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Kevin Williams	Bob Wortman
Melissa Gerline-Clagg	

“Serving seniors, improving lives.”



## LETTER FROM THE DIRECTOR

Liz Renton  
Executive Director

Taxes have started at Shelby Senior Services. The AARP Tax Program is back beginning February 4th. We are currently scheduling appointments on Wednesdays and Thursdays until April 15th. Each year this program sends us great volunteers who offer so much of their time to file taxes for our seniors and community members for free. Be sure to schedule your appointment now in order to get the best time that works for you as the spots do fill up quickly. If you stop in for your tax appointment, take some extra time to check out all of the other events happening at the Horizon Center. We have some great new programs this month including Cardio Drumming and Valentines activities. Our satellite centers are offering a lot of interesting programming with different speakers coming out to our Morristown Center throughout the month, music in Fairland, and of course card games at all of our locations. Day Passes are available for all of our locations if you would like to come and spend the day with us or see a certain activity you are interested in but not yet a member. Whether you're in need of services or something to do, we hope to see you soon!

## MEMBERSHIP

### Shelby Senior Services Membership

By becoming a member, you are helping to support activities, services, and programs that help our community thrive.

Memberships are required to attend activities at any Horizon Center. Services and CICOA lunches do not require a membership.

#### Annual Fees

\$50 per year: Access to Shelbyville, Fairland, Morristown, and Waldron Horizon Centers  
\*\$50 annual fee required for Shelbyville

\$25 per year: Access to one designated Horizon Satellite Center: Fairland, Morristown, or Waldron

### Membership Discounts

Show your Horizon Center Membership Card at these businesses and receive the following discounts:

- Applebee's: 10% discount
- Bookmark Cafe & Three Sisters Books & Gifts: 10% discount
- Elegant L: 10% discount on Merle Norman Cosmetics
- Kopper Kettle Inn Restaurant: 20% discount on a chicken dinner served family style; not honored on a holiday or live entertainment events
- Mathies Landscaping: 10% off retail merchandise
- The Chicken Inn: 10% discount
- Texas Corral: 10% discount



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**HOW I HELP FAMILIES AND MY COMMUNITY:**

- ✓ **Medicare Planning & Reviews**
  - Medicare Advantage, Medicare Supplement, Prescription Drug Plans
  - Special Needs Plans (C-SNPs & D-SNPs)
  - Short-Term Care Plans
  - Recovery Care, Cancer Plans, and Hospital Indemnity
  - Long-Term Care Insurance Options
- ✓ **Final Expense & Funeral Planning**
  - Indexed Whole Life & Guaranteed Issue Policies
  - Final Expense Life Insurance
  - Preplanning Funerals at Today's Cost
  - Free Personal Planning Guide
- ✓ **Retirement Financial Protection**
  - Safe Money Strategies
  - Indexed Universal Life (IULs)
  - Fixed Indexed Annuities
  - Lifetime Income Solutions
- ✓ **Chronic Condition Medicare Plans (C-SNPs)**

I specialize in helping individuals who live with chronic health conditions get the coverage, support, and benefits they deserve. These conditions include:

  - Diabetes (Type 1 & 2)
  - Cardiovascular Disease & Heart Failure
  - Chronic Kidney Disease & ESRD

C-SNP plans may offer extra benefits like low-cost medications, dental, hearing, vision, transportation, healthy food cards, and more—with little or no extra cost.
- ✓ **Veteran, Church & Community Outreach**
  - Partnering with local churches, senior centers, and veteran groups
  - Hosting Free Medicare 101 Classes, Diabetes Seminars, Ice Cream Socials, and Senior Events
  - DJ Chuck: Free music & karaoke for community senior events!

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## SOCIAL SERVICES



Jessie Hundley  
Social Services Coordinator

### Staying Connected & Supported

February may be the shortest month of the year, but it is full of opportunities to focus on what matters most—connection, care, and community. As winter continues, we remain ready to support you with resources, guidance, and a listening ear.

During the colder months, many seniors experience increased isolation, transportation challenges, or health concerns. If you are finding it harder to get out, manage appointments, or keep up with daily needs, please know that help is available. We can assist with connecting you to transportation options, nutritious meals, utility assistance, and other community resources designed to help you stay safe and comfortable.

February is also a time when many people reflect on relationships and emotional well-being. Feelings of loneliness, grief, or stress are common, especially during winter. Social Services offers confidential support and can help you find coping strategies, support groups, or counseling resources if needed. Sometimes just talking things through can make a big difference.

For caregivers and family members, Social Services can also provide support, referrals, and planning assistance. Caring for a loved one can be rewarding, but it can also be challenging—no one should have to do it alone. As always, reaching out for help is a sign of strength. Whether you have a specific concern or just want to learn more about available services, we are here for you.

We encourage you to stay warm, stay connected, and take care of yourself this February. Please stop by or call if you need assistance—we are happy to help.

Yours in Service,

~Jessie



### Dementia Caregiver Gathering

Presented by: Alzheimer's Association, Greater Indiana Chapter

Third Tuesday of the month  
1:30 p.m. – 2:30 p.m.

Shelby Senior Services  
2120 Intelliplex Dr.  
Suite 101  
Shelbyville, IN 46176



Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

800.272.3900 | alz.org

### Needed Pantry Items:

Soup  
Vegetables  
Fruit  
Peanut Butter  
Canned Beans  
Cereal  
Oatmeal Packets  
Rice  
Pasta  
Toilet Paper

### Produce Pick-Up Days:

Monday, February 2nd  
Tuesday, February 17th  
12-4pm

### Commodity Box Pick-Up Day:

Monday, February 23rd  
1-3pm

## SHELBYGO TRANSPORTATION



Easter Hall-Beyer  
Director of Transportation

I hope everyone had a great New Year!  
Here are some reminders about Shelby Go's policies.

\*Shelby Go runs on a schedule. You need to call in advance to get on that schedule. Same day/will call rides are very hard for us to accommodate.

\*Scheduling a ride must be done with a live attendant. We will not schedule from messages left on our voice mail.

\*Cancel in advance or as soon as possible.

\*Changes to drop off and pick up location must be done 24 hours in advance.

\*When scheduling a ride, you need to tell the scheduler everyone that will be accompanying you.

\*Please state if you use any of the following: wheelchair, walker, cane or oxygen when scheduling a ride.

ShelbyGo transportation is public transportation that provides curb-to-curb service within Shelby County.

### Fares

Seniors 60+: Donation based  
Under 60: \$4 per boarding within city limits,  
\$7 per boarding within county

### Service Hours

Weekdays: 8:00am—4:00pm  
Please call (317) 398-0127 or (317) 398-7614  
to schedule a ride.

## MEMBER SPOTLIGHT



### Julie Rogers

Julie Rogers was born in Akron, Ohio, in 1949. Her parents were Cleo Ann Wagner (Horner)(Davis) and James Gilbert Horner. She has two sisters and one brother. Julie went to school at Henry Grady High School in Atlanta, GA, and she graduated from Stranahan High School in Fort Lauderdale, Florida. She loves to read mysteries and romance novels, but she loves all kinds of books. Julie joined

the Marines in 1967 right out of high school. She attended boot camp at Paris Island, North Carolina. She spent a month in Cherry Point, North Carolina in training as an Accountant. She was stationed in Quantico, Virginia. She was an Accountant at the Bachelor & Officers Quarters in Quantico. She enjoyed her time in the Marines and she was always treated well. She met her husband at the Roller-Skating Rink in Quantico. Julie and Doug were married on September 19, 1969. Doug was deployed to Vietnam for his third tour. Julie moved to Florida and had her daughter, Julie Ann, in St. Petersburg, Florida. When Doug came home from Vietnam, they all moved to California. After a year in California, they moved to Cutoff, Louisiana. They gave birth to their son James Douglas in New Orleans on March 1, 1973. She worked as a bookkeeper, and Doug was a truck driver. They moved to Shelbyville, Indiana in 2007. Doug continued as a truck driver, and Julie worked at Walmart. In 2009, Julie's son Douglas moved to Shelbyville. Julie is well known at the Senior Center for her beautiful crochet items. Julie started crocheting when she lived in California. She has been knitting and crocheting for over 50 years. She prefers crochet, and her favorite things to crochet are ponchos, blankets, fingerless gloves, and phone cozies. She has 4 dogs, Bernard aka Brother, Gator, Apollo, and Molly, who is 14 years old. She has a Maine Coon Cat named Princess Penny Blossom, who is also 14 years old. She also has a male cat named Bandit that is about 3 years old. Her pets bring her great joy. Julie loves coming to the Senior Center. Her favorite activities are crochet, Bingo, and Pokeno. She loves everyone here.

# TRAVEL



Carol McDaniel  
Travel Coordinator

**SHELBY SENIOR SERVICES, INC.**  
**2026 TRAVEL SCHEDULE**  
Carol McDaniel, Travel Coordinator  
317-701-5984

Panama/Panama Canal, Feb. 19-25	\$3574
Fly trip, passport needed	
Africa, April 22 - May 4, 2026.	\$9904
Fly trip, passport needed	
Savannah, June 8-13, 2026.	\$839, pretrip June 4, 6 pm
Motorcoach trip #2227820	Deposit: \$75 per person
Final pay: 4/1/26	
Sail250 Virginia, June 17-21	\$3024
Fly trip, America's 250 Bday	Deposit \$200
Final pay: 4/17/26	
New Orleans, July 13-18, 2026	\$799
Motorcoach trip #2222285	Deposit: \$75 per person
Wait List Only	Final pay: 5/6/26
Memphis, August 10-14, 2026.	\$814
Motorcoach trip #2261665	Deposit: \$75 per person
Final pay: 6/1/26	
Ohio's Amish Country, Sept. 1-3, 2026.	\$629
Motorcoach trip	Deposit: \$75
Final pay: 7/1/26	
Sedona, Red Rocks, AZ, Oct 4-9.	\$3404
Fly trip	Final pay: 8/2/26
Italy, Oct. 13-23, 2026	\$6374
Fly trip, passport needed	Final pay: 6/20/26

Prices are per person based on double occupancy. Triple and single occupancy available upon request for additional charge. Contact Carol for sign-up.

## HEALTH & WELLNESS



Shelbi Smith  
Health & Wellness Coordinator

February is a wonderful time to refocus on health, wellness, and staying active as we continue into the new year. At Shelby Senior Services, we are excited to offer a variety of programs that support physical movement, social connection, and overall well-being. Staying active, eating well, and spending time together are important parts of a healthy lifestyle, and we look forward to sharing another great month with you.

We will be hosting Tea Time on Monday, February 9th at 10:00 AM and again on Monday, February 23rd at 10:00 AM. Join us for a relaxing morning of tea, light snacks, and friendly conversation. This is a sign-up only class and participants must register at the front desk of Shelby Senior Services to reserve a spot.

Chair Yoga will take place on Tuesday, February 11th at 2:00 PM. This is a sign-up only class focused on gentle movement, flexibility, balance, and relaxation. Please sign up at the front desk of Shelby Senior Services to reserve your spot.

Our Crockpot Creations Class will be held on Monday, February 16th at 1:30 PM. This hands-on class highlights simple, healthy meals that support wellness goals for the new year. The class includes the recipe and groceries for participants to take home. This is a sign-up only event and spots are limited. Please sign up at the front desk as soon as possible while space is available.

Join us for a fun day out at Finish the Lyrics Trivia on Monday, February 23rd at 11:00 AM at Cadillac Jack's. Enjoy music-themed trivia, lots of laughs, and quality time with friends. Cadillac Jack's will be offering \$10 lunch specials during the event. This is a day event and requires your own transportation. Sign-up is required—please register at the front desk.

We will continue Chair Volleyball on Wednesday, February 25th at 2:00 PM. Come join us for movement, teamwork, and fun as we prepare for an upcoming Chair Volleyball Tournament in the near future.

February is a great month to recommit to health and wellness goals. We encourage everyone to stay active, try new activities, and stay socially connected. We look forward to seeing you at our February programs!

~Shelbi

### Health & Wellness Highlights:

#### February 2026 – Sign-Up Required Activities

**Tea Time** – February 9th & February 23rd  
at 10:00 AM

**Chair Yoga** – February 11th at 2:00 PM

**Crockpot Creations Class** – February 16th at 1:30  
PM (spots limited)

**Finish the Lyrics Trivia (Day Event)** – February 23rd  
at 11:00 AM at Cadillac Jack's

**Chair Volleyball** – February 25th at 2:00 PM



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## SHELBYVILLE HORIZON CENTER



Crystala Evans  
Shelbyville Activity Coordinator

February is here and LOVE is in the air! I am so excited about 2026 and all of the great adventures that we are going to have this year. I have been busy planning and thinking about activities and adventures. Suggestions are always appreciated and taken under advisement.

Please know that not all things are possible, but your ideas are important. We can dream big - and dreams do come true.

We are continuing our Souper Bowl for the first week of February. Please bring in a can of soup to help us pack our pantry with soup for homebound seniors. Low Sodium soups are preferred, but not necessary. Let Crystala know when you donate a can of soup – she will add your name to a football. Each football will be placed on the wall, and you will be entered into a drawing. Winner will be drawn on the night of the Super Bowl, February 8th. The winner will be announced on Facebook.

On February 2nd, we are going to have a Valentine's Dance and Karaoke Party at 1:00 p.m. Come move and groove with our fun loving bunch as we kick off Valentine's month.

We are also going to have a Valentine's Day gift exchange on the 13th. If you want to sign-up to give and in turn receive a Valentine gift – let me know. I will have papers available for you to pick a Valentine. We all know that you are probably missing that special someone in your life. It can be a hard time – but it does not have to be. Let's make this Valentine's Day extra special by celebrating with a friend. We all deserve to feel special, and we can all share the LOVE this season. Join in on the fun and come celebrate with us on Friday, February 13th. We will exchange gifts promptly at 9:00 am. Then we will celebrate February Birthday's with cupcakes donated by Lois Antley. Ashford Place will be our prize table sponsor.

If you are a member of Shelby Senior Services and you want us to recognize your birthday – please see me to sign up to be in the Birthday Club. We will send birthdays cards each month, have cupcakes, and sing Happy Birthday. Plus – we are going to have a Birthday Party in July for all of our birth months. We only recognize birthdays that are part of the Birthday Club.

When you sign up for an activity, and it is full – please get on the waiting list. When something comes up and you are not able to attend a program we will call the next person on the list. All activity items that are paid programs for 2026 are non-refundable. You can't sell your spot to someone else. We will offer up the spot to the next person on the waiting list for the cost of the program. We have to do this because of the time and effort it takes to continually re-book those limited spots. Activities are filling up quickly – which is great – but people also tend to cancel often, and it causes confusion for everyone. Please be mindful before you reserve your spot. Thank you in advance.

Review all of the activities, and please check out the newsletter Activity Calendar. Sign-up for some of our fun programs. We have an amazing calendar that is full of things to do. You can also keep up to date on programming via the Shelby Senior Services Facebook Page and our website at <http://www.shelbyseniorservices.org>. If you have a question about a program, please call us at the center at (317) 398-0127.

I am reaching out to our community and local businesses for program sponsorships. We have opportunities for meal sponsors, prize table sponsors, program facilitation, craft leaders, music groups geared towards seniors, and sharing things you are knowledgeable about with our seniors during our monthly Lunch and Learn series. Happy Valentine's Day!

Sincere thanks,  
Crystalá Evans, ADC  
Shelbyville Activity Coordinator

## ACTIVITY HIGHLIGHTS

Please sign-up as some activities have limited space. When there is a cost for an activity please pay at the Front Desk or call 317-398-0127 to sign-up over the phone via a credit card.

**\*February 9th, 16th and 23rd by appointment only – Tech Savvy Seniors** - By Appointment from 9:00 a.m. to 11:00 a.m. We will be taking appointments for you to learn your technology with one-on-one, 30-minute sessions. Make your appointment, tell us what you want to learn on your device, and bring your technology fully charged and ready to work on during your session.

**Tuesdays and Fridays in February at 1:00 p.m.**

**Euchre** Join us on Tuesday and Friday afternoons for Euchre. We have tables of 4 players and after each round – the winning pair gets to move to the next table. There are 8 games and the scorecards get put into a basket for a monthly gift card drawing. The more you play the more chances you have to be the lucky winner. We play for fun – not for competition.

**Wednesdays in February at 9:15 am. Bible Study** Join us each Wednesday for our non-denominational Bible Study with Jim Martin. We have a great group of people who meet here to come together for fellowship and faith. Join us for prayer, bible readings, reflection, discussion, and fun. We would love to have you join our group.

**\*Monday, February 2nd at 9:00 a.m. Ground Hog Day Biscuits and Gravy Breakfast sponsored by Ashford Place** Please sign up so that they know how many people to prepare for breakfast. This is a FREE Breakfast brought to you by Ashford Place Health Campus. Dress in your favorite Ground Hog attire and let's see if Spring is on its way. Will he see his shadow, or not?

**\*Monday, February 2nd at 1:00 p.m. –Dance and Karaoke with DJ Moxxy** We will be having a Valentine's Day Party with DJ Moxxy. Join us for music, dance, singing, and friendship. Bring a light refreshment to share. Put on those dancing shoes, practice your favorite song, and come on out for an afternoon of fun. Feel free to dress up in the Big Bang Era or in Valentine red or pink colors.

**Tuesdays in February at 10:00 a.m. Caffeinated and Connected** We will play a different game or have a different discussion topic each week. The 10th is Valentine's Day and the 17th is Mardi Gras fun. We hope to see you!

**\*Thursdays in February at 10:15 a.m. Cardio Drumming** This program is designed to help you alleviate stress, increase cognition, and strengthen your arms and core. This program is being paid for with a grant from the Blue River Community Foundation. Our instructor will be Dakota Nicely, and he is a trained instructor. There is only room for 10 people in the class. Class runs each week in February for 4 weeks. Sign-up today!

**\*Thursday, February 5th at 1:00 p.m. Scrabble Tournament** We are going to have a Scrabble Tournament at 1:00 p.m. Please sign-up to see how many boards we will need. There is no cost to attend, but there will be a prize for the person that scores the most points overall.

**Friday, February 6th at 9:00 a.m. Fun Friday – Football Day** Wear your teams favorite Jersey. If you have a favorite team in the Super Bowl – wear your merchandise to support your favorite team. Our Bingo prize table is going to be sponsored by the Willows of Shelbyville. Come join the fun.

**\*Monday, February 9th at 1:00 p.m. Buck Rogers Jr. and the Louisiana Muddy Boys** Come on out and listen to the sounds of Mardi Grad with Buck Rogers Junior and the Louisiana Muddy Boys. Please sign-up at the front desk so that we can plan accordingly. There is no charge and no limit to the amount of people we can host. This is a chance for you to enjoy some FREE music and get into the Mardi Gras spirit.

**\*Wednesday, February 11th at 11:30 am Lunch and Learn – Emergency Preparedness with the Shelby County Health Department Cost \$5** This is a Lunch and Learn based around Emergency Preparedness with the Shelby County Health Department. Lunch will be soup and sandwiches. There will be items for you to take home that would come in handy in case of an emergency. Cost is \$5 and is limited to 25 people.

**\*Thursday, February 12th at 9:00 a.m. Coffee with The Mayor** Scott Furgeson will be here to enjoy a cup of coffee and chat. He wants to hear from our 60-and-over senior community. This is a great chance to have an open forum discussion with the Mayor directly. Call to reserve your spot and Day Passes are available. Please come out and bring your questions.

## ACTIVITY HIGHLIGHTS

**Thursday, February 12th at 1:00 p.m. Book Club at the Horizon Center in the Meeting Room with Pam Weakley from the library.** This month we will be discussing a great book called "A Tree Grows in Brooklyn" by Betty Smith. Everyone is to meet in the Meeting Room. All center members are welcome. Feel free to stay for the movie following book club.

**Thursday, February 12th at 1:30 p.m. Movie Matinee "An Affair To Remember" and Popcorn** We are going to be showing the movie "An Affair To Remember." Come and enjoy a movie and some popcorn. The movie is 1 hour and 55 minutes long.

**\*Friday, February 13th at 9:00 a.m. Fun Friday Valentine's Gift Exchange and February Birthdays** We are going to be drawing names on January 30th and February 5th for our Valentine's Day Gift Exchange. On February 13th we will be exchanging gifts promptly at 9:00 a.m. Wear pink, red or anything with hearts on it for Fun Friday. Our prize table sponsor is Ashford Place. Birthday cupcakes sponsored by Lois Antley. Come play Bingo, exchange gifts, and have cupcakes for the February birthday gang.

**\*Monday, February 16th at 11:30 a.m. Salad Lunch Pitch-In** We are going to have a Salad Lunch Pitch-In. There is no cost to participate. Just bring your favorite salad to share. Think potato, ham salad, chicken salad, pasta salad. When you sign-up let us know what you are bringing so that we can have a good variety.

**\*Monday, February 16th at 1:30 p.m. Crockpot Class** Sign-Up to be a part of the Crockpot Class for February. There is room for 15 people. Meal items will be provided for the first 15 participants to take home.

**\*Wednesday, February 18th at 10:30 a.m. Day Trip to Rustic Root Tea Room and Garfield Park Conservatory Cost \$10** We are going to visit the Rustic Root Tea Room and the Garfield Park Conservatory. Cost is \$10, and there is room for 14 people. Cost of lunch and shopping is at your expense.

**\*Thursday, February 19th at 3:00 p.m. Music and a Meal – Tom Brown Cost is \$7** We are going to be welcoming Tom Brown to our center. Music at 3:00 p.m. and Meal at 4:00 p.m. The meal will be pork loin, mashed potatoes and gravy, grilled vegetables, rolls with butter, brownies for dessert, and a drink. The meal is limited to 40 people, so sign up early. Cost is \$7 per person for members.

**Friday, February 20th at 9:00 a.m. – Fun Friday – Seniors Behaving Badly Day** We are going to celebrate this Fun Friday with a twist. We are celebrating Seniors Behaving Badly. Everyone expects you to play by the rules – just because you know better. Well today – all bets are off. Wear whatever you want to express your inner self. Prize table sponsored by Kara Zagar and Morristown Manor. There will be twice the fun. No rules, just right!

**\*Monday, February 23rd at 11:00 a.m. Lunch at Cadillac Jacks Cost of the lunch is at your expense.** Everyone is to meet there. Lunch and Trivia for everyone to enjoy. Sign-up at the front desk.


**\*Wednesday, February 25th at 2:00 Chair Volleyball** It is cold outside, but it is hot in here! We are going to be playing Chair Volleyball. This is always a fun afternoon. Come practice for our Chair Volleyball Tournament. You might even get to play against your favorite staff member.

**\*Thursday, February 26th at 1:00 p.m. St. Patrick's Day Craft with Erica – FREE Craft** We are going to get ready for St. Patrick's Day by having a fun craft with Erica from Millers Merry Manor. This is always a good time. There is room for 10 people, and there is No Cost to participate.


**Friday, February 27th at 9:30 a.m. Fun Friday, Scarf Day** We will be wearing our favorite scarves today. They can be short and tie around your neck or be long and hang down your shoulders. Dress in your favorite scarf for the day. Our Bingo sponsor is Compass Park.

**\*Saturday, April 11th, 2026 at 4:30 p.m. Elvis at the Strand, Cost is \$45** We will meet at the center at 4:30 p.m. and board the bus. We will travel to dinner at Cracker Barrel. Then we will head to the Strand Theatre to see Elvis. Tickets are \$45 each, and there is room for 15 people to ride the bus. Inquire with Crystala Evans, Activity Coordinator as to availability.





# CAFFEINATED AND CONNECTED



**1** Week One February 3rd  
**Yahtzee Game**

**2** Week Two February 10th  
**Valentine's Day Trivia and Treats**

**3** Week Three February 17th  
**Mardi Gras Fun**

**4** Week Four February 24th  
**Uno Card Game**

Join Our Group for some fun in February at 10:00 AM

Donuts and Coffee Each Week

CALL 317-398-0127 TO SIGN-UP  
WWW.SHELBYSENIORSERVICES.ORG



# CHAIR VOLLEYBALL



GOOD FUN. GREAT FRIENDS. EVERYONE WELCOME!

2120 INTELLIPLEX DR SHELBYVILLE IN, 46176

**FEBRUARY 25<sup>TH</sup> AT 2:00 PM**


**SIGN UP SHEET AT FRONT DESK OF SHELBY SENIOR SERVICES!**



**NO EXPERIENCE NEEDED**  
**ALL FITNESS LEVELS WELCOME**  
**SIT, SERVE, AND SMILE!**

LOOKING FOR LAUGHTER, LIGHT EXERCISE, AND A CHANCE TO CONNECT WITH OTHERS? COME JOIN US FOR CHAIR VOLLEYBALL! WHETHER YOU'RE COMPETITIVE OR JUST HERE FOR THE FUN, THERE'S A SEAT FOR YOU!

# LUNCH AND LEARN






## EMERGENCY PREPAREDNESS

Join us for an informative Lunch and Learn where we discuss Emergency Preparedness. We will be having Soup, Sandwiches, Chips, Cookies and Drinks.

**WEDNESDAY, FEBRUARY 11, 2026**  
**11:30 AM LUNCH SERVED**  
**COST IS \$5- LIMITED TO 25 GUESTS**

Shelby County Health Department

Shelby Senior Services Presents

# MUSIC & A MEAL



PRESENTING **TOM BROWN**

**FEBRUARY 19, 2026**

**COST IS \$7 PER PERSON**

**3:00 MUSIC**  
**4:00 MEAL**

MEAL BY :  
YOUR WAY CATERING:  
PORK LOIN,  
MASHED POTATOES, BROWN  
GRAVY, ROLLS, GRILLED  
VEGETABLES, BROWNIES,  
AND A DRINK

Please R.S.V.P.  
by calling  
317-398-0127  
Room for 50 Guests  
COST \$7 for  
Entertainment and Food Cost  
2120 Intelliplex Drive, Suite 101  
www.shelbyseniorservices.org








# FEBRUARY ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Produce Pick-Up 9:00 Ground Hog Day Biscuits and Gravy Breakfast Sponsored by Ashford Place 1:00 Mah Jongg 1:00 Dance and Karaoke with DJ Moxy – Valentine's	<b>3</b> 10:00 Caffeinated & Connected 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	<b>4</b> 9:15 Bible Study with Jim 1:00 Hand and Foot Card Game	<b>5</b> 9:30 POKENO 10:00 Tai Chi 10:15 Cardio Drumming with Dakota 1:00 Scrabble Tournament	<b>6</b> 9:00 Fun Friday – Football Day 9:30 BINGO by Willows 1:00 Euchre 1:00 Dominoes
<b>9</b> 9:00 Tech Savvy Seniors 10:00 Tea Time 1:00 Buck Rogers Jr. and the Louisiana Muddy Boys	<b>10</b> 10:00 Caffeinated & Connected Valentine's Day Trivia and Treats 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	<b>11</b> 9:15 Bible Study with Jim 11:30 Lunch and Learn – Emergency Preparedness Cost \$5 1:00 Hand and Foot Game 2:00 Chair Yoga	<b>12</b> 9:00 Coffee with The Mayor 9:30 POKENO 10:00 Tai Chi 10:15 Cardio Drumming with Dakota 1:00 Book Club 1:00 Movie Matinee – An Affair to Remember	<b>13</b> 9:00 Fun Friday Valentine's Day 9:00 Birthday Cupcakes by Lois Antley 9:30 BINGO by Ashford Place 1:00 Euchre & 1:00 Dominoes 1:00 Dominoes
<b>16</b> 9:00 Tech Savvy Seniors 11:30 Salad Lunch Pitch-In 1:00 Mah Jongg 1:30 Crockpot Class	<b>17</b> Produce Pick-Up 10:00 Caffeinated & Connected Mardi Gras – Kings Cake 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	<b>18</b> 9:15 Bible Study with Jim 10:30 Day Trip – Rustic Root Tea Room and Garfield Park Visit Cost \$10 1:00 Hand and Foot Card Game	<b>19</b> 9:30 POKENO 10:00 Tai Chi 10:15 Cardio Drumming with Dakota 3:00 Music and a Meal – Tom Brown Cost \$7	<b>20</b> 9:00 Fun Friday – Seniors Behaving Badly – Kara Zagar 9:30 Bingo by Kara Zagar 1:00 Euchre 1:00 Dominoes
<b>23</b> 9:00 Tech Savvy Seniors 10:00 Tea Time 11:00 Lunch @ Cadillac Jacks 1:00 Mah Jongg	<b>24</b> 10:00 Caffeinated & Connected 1:00 Euchre 1:00 Painting, Knitting, Crochet, and Open Crafting	<b>25</b> 9:15 Bible Study with Jim 1:00 Hand and Foot Card Game 2:00 Chair Volleyball	<b>26</b> 9:30 POKENO 10:00 Tai Chi 10:15 Cardio Drumming with Dakota 1:00 Craft with Erica from Millers Merry Manor FREE	<b>27</b> 9:00 Fun Friday – Scarf Day 9:30 Bingo by Compass Park 1:00 Euchre 1:00 Dominoes



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cultural Meal Day</b> 				
<b>2</b> Oven Fried Chicken Whipped Sweet Potatoes Collard Greens Orange Juice Milk	<b>3</b> Spaghetti/Meatballs Parmesan Cheese Italian Cut Green Beans California Veggies Mixed Fruit Milk	<b>4</b> Beef & Broccoli Lo Mein Noodles Carrots Diced Pears Milk	<b>5</b> BBQ Beef Green Beans Scalloped Potatoes WG Bun Diced Peaches Milk	<b>6</b> Vegetarian Chili California Veggies Roasted Sweet Potatoes Corn Bread Tropical Fruit Milk
<b>9</b> Grilled Hamburger Mac & Cheese Festive Green Beans Diced Pears WG Bun Milk	<b>10</b> Cheesy Smothered Chopped Steak White Rice Pilaf Peas Wheat Bread Mandarin Oranges Milk	<b>11</b> <b>LUNCH AND LEARN</b> <b>COST \$5</b>	<b>12</b> Pot Roast w/Gravy Broccoli Mashed Potatoes Wheat Bread Applesauce Milk	<b>13</b> Almond Crusted Fish California Veggies Scalloped Potatoes Mixed Fruit Wheat Bread Milk
<b>16</b> <b>Salad Lunch Pitch-In</b>	<b>17</b> Gnocchi Carbonara w/ Peas Green Beans Diced Pineapple Milk 	<b>18</b> Meatloaf w/Gravy Mashed Potatoes Brussel Sprouts Mandarin Oranges Milk	<b>19</b> Beef Stew Corn Turnip Greens Wheat Bread Diced Peaches Milk	<b>20</b> Pollock Sandwich Peas & Corn Collard Greens Tartar Sauce Tropical Fruit Milk
<b>23</b> Chicken & Noodles Rosemary Potatoes Italian Cut Green Beans Wheat Roll Birthday Treat Milk	<b>24</b> Ginger BBQ Chicken Whipped Sweet Potatoes Collard Greens Wheat Bread Diced Pears Milk	<b>25</b> Italian Bowtie Pasta w/Beef Broccoli w/Red Peppers Green Beans Applesauce Milk	<b>26</b> Country Fried Steak w/Gravy Spinach Baked Potato Tropical Fruit Milk	<b>27</b> Herb Crusted Hake Roasted Potatoes Broccoli Wheat Bread Tropical Fruit Cup Milk

<https://cicoa.org/menu>

\*Menus are subject to change based on product availability.

### **CICOA Meal Information**

Shelby Senior Services lunch program is provided through CICOA at the Shelbyville Horizon Center

Monday - Friday at 11:30am. Reservations are made by Tuesday at noon for the following week.

You can make a reservation by calling 463-777-1239 or sign-up on a lunch day during the hours of 10:00am - 12:30pm. If you are unable to make your reservation, please call to let us know by 10am that day.

### **Activity Center Needs:**

Square Napkins  
Powdered Creamer  
Hot Cocoa Packets  
Small Plates  
Individually Wrapped Snacks

### **Legal Aide Services:**

A paralegal from the Indiana Legal Services: Senior Law Project come to Shelby Senior Services the third Thursday every month. To schedule an appointment with the paralegal, call 317-398-0127.

### **SHIP Services:**

The State Health Insurance Assistance Program (SHIP) is a free and impartial counseling program for people with Medicare. To schedule an appointment, call 317-398-0127.

### **Tax Services:**

Tax appointments for 2025 filings are being scheduled. Please call 317-398-0127 to reserve your spot. Tax forms are available for pick-up at the front desk or in the realtor box at the West Entrance.

# **VOLUNTEER OPPORTUNITIES**

Are you interested in volunteering at  
Shelby Senior Services?

### **Volunteer Opportunities:**

Front Desk   Home Deliveries   Rock Steady Boxing  
Strawberry Festival   Pantry Donations   Special Events  
And More!

If you would like to volunteer or have more  
questions, contact Liz Renton at  
[lrenton@shelbyseniorservices.org](mailto:lrenton@shelbyseniorservices.org) or (317) 398-0127



## WALDRON

### The Waldron Horizon Center is shifting!

The third Tuesday of every month, the Waldron Horizon Center will be meeting at the St. Paul Tavern (103 N Webster St., St. Paul).

Join us there beginning at 11am for conversation and lunch followed by euchre in the afternoon.

Please call 317-398-0127 and ask for Liz to reserve your spot or with any questions. We would love to see you there!

HAPPY  
*Birthday*

Jane Sparks 8th  
Gil Whitten 11th  
\*Easter Hall-Beyer 18th  
Kara Zagar 20th  
Joyce Cummings 23rd  
Lois Antley 28th

## MORRISTOWN

### Join us at the Morristown Horizon Center!

Located at the Morristown Methodist Church, 221 S. Washington St. Morristown, IN. Open Wednesdays from 11:00 am-2:00 pm. For lunch reservations, call or text Vivian at 765-404-2280.

**10:30-11:15—** Coffee and Chat

**11:15 -12:00—** Fun Exercises with Shelbi and Jim

**12:00-1:00 p.m.—** Lunch (cost \$5)

**1:00-2:00 p.m.—** Games, activities, crafts, etc.

### February 4th

**Lunch:** New Kopper Kettle Potato dish, sides and dessert

**Activity:** Discussions with Leigh Langkabel, County Councilman and owner of Kopper Kettle restaurant.

### February 11th

**Lunch:** Breakfast for Lunch! Biscuits /Gravy, Egg casserole, dessert

**Activity:** Easter Beyer, Director of Shelby Go, will share information and answer questions about the program's services.

### February 18th

**Lunch:** Chicken Salad sandwiches, sides and dessert

**Activity:** Craft with MaryAnn. Pre-register by Feb 14th.

### February 25th

**Lunch:** Crockpot Shepherds pie , sides and dessert

**Activity:** BINGO with prizes

## DONATIONS

### Thank you to our donors:

First Christian Church	Judy Eads
Marjorie Kuhn	First Presbyterian Church
Pam Dearing	Brandy Coomes
Anonymous	Cindy Weidner
St. Luke's Episcopal Church	Laura Burkhardt
Jon Agee	Sandra Schoentrup
John & Martha	Betty Zoelzer
Wetnight	St. George Lutheran Church
Raymond Sullivan	Beaty-C-Tech
Todd Plymate	Jane Sparks
Todd & Kathy Caplinger	

### Thank you to the following organizations/individuals for donations to the Activities Department:

Main Street Hospice, Compass Park, Willows of Shelbyville, McKay Manor, Waldron Health and Rehabilitation Center, Ashford Place, Walker Place, Morristown Manor and Cypress Run, Freeman Family Funeral Home, Murphy Parks Funeral Service, Glen E. George and Son Funeral Home, Infinity Home Care Plus, Your Way Catering, Indiana, Tim and Janice Conway of Blue River Stained Glass, Salvation Army, Kopper Kettle, CICOA, Shelby Go, Horizon Center Committee Members, Dementia Friends of Indiana, Alzheimer's Association, SCUFFY, Blue River Community Foundation, and Defender Financial Group.

# FAIRLAND

## Join us at the Fairland Horizon Center!

Located at the Fairland Fire Dept. Community Room, 400 W 400 N Fairland, IN. Open Thursdays from 9:30am until we're done for the day! Call Kathy at 317-364-0029 to reserve your spot.

### Mornings:

**9:30- 10:00** Coffee Chat  
**10:00 -11:00** Exercise with Shelbi February 5th & 19th  
**10:00-11:00** Chair Volleyball February 12th & 16th  
**11:00** Bible Study  
**11:00 -12:00** Mind Games Board Games, Card Games & Bridge  
**12:00** Lunch \$5

### Feb 5 "First Thursday Euchre"

**Lunch:** Kathy's vegetable beef soup, corn bread, cheese and crackers, and dessert

**1:00** Euchre tournament ... prizes for High and Low Scores

**1:00** Valentines card making in Conference room

### Feb. 12 Dress in red or "valentiney today"

**Lunch:** Beef manhattans, sides, and dessert

**1:00** Spring Cleaning a little early... So how many drawers and closets do you need to rearrange? Could you use some advice on decluttering and downsizing? I sure could! Tricia Thomas, owner of EZ DeClutter Solutions, will be here to give us some tips on getting our houses in order!

### Feb. 19 "The Amazing Ammerman is back!"

**Lunch:** Pasta something, fixings, and dessert

**1:00** Some of you will remember Rusty Ammerman as the headline entertainment for our 3rd Anniversary Bash. He is a fabulous magician and great entertainer!

### Feb. 26 "Let's tell a Love Story"

**Lunch:** Baked Potato and Salad Bar

**1:00** Story time at Seniors - an original tale told for the very first time today! Please bring an interesting item to be included in our story. It can be something simple, special, or silly - be creative! I will start the storyline about two special lovers and you will add to it, including your item in our story line as we go along. We tried this a long time ago and it was a lot of fun.

If the "weather outside is frightful" please tune in to WSVX radio; 96.5FM or 1520 AM for a list of closings, or call Kathy....317-364-0029. If the Triton Schools are closed...we are closed.





# Healthy Grieving Tip ....as Observed

“Even when things are less than perfect, if we can think of the good, the beautiful, the hopeful, we’ll be more than sustained, we’ll conquer.”

Author Unknown



**Glenn E. George & Son Funeral Home**

437 Amos Road, Shelbyville IN 46176  
317-398-4599



106 E. Franklin, St. Paul, IN 47272  
765-525-2411

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Shelbyville, IN 46176

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